Improving the Quality of Early Care & Education Programs Across Nebraska
Nutrition + Physical Activity + Breastfeeding Best Practices = Healthy Young Children

Go NAP SACC continued to reach Early Care and Education (ECE) programs through the COVID-19 pandemic by transitioning their training and technical assistance to be a live virtual format.

30 Go NAP SACC trainers
(66 of 93 counties served)

Trained 175 ECE professionals in 66 child care centers and homes that provide care for ~3,000 children

4 in-person and 4 live virtual trainings across Nebraska

Building Positive Partnerships - Results in Best Practices

84 Pre-Assessments
Completed on Go NAP SACC Website

49 child care centers
92% Step Up to Quality Participants

35 family child care homes
97% Step Up to Quality Participants

28 Post-Assessments
Completed on Go NAP SACC Website

17 child care centers
100% Step Up to Quality Participants

11 family child care homes
82% Step Up to Quality Participants

Check out our updated website at negonapsacc.unl.edu
Key Go NAP SACC State Team Additional Accomplishments in 2020

- Offered six free, live trainings (4 physical activity and 2 breastfeeding related) reaching over 265 ECE professionals
- Developed a free breastfeeding online module, Supporting Breastfeeding Families in Child Care
- Expanded the Go NAP SACC website by adding Additional Resources and Publications
- Developed a new Breastmilk Storage Handout
- Created a new Go NAP SACC brochure

Partnering Organizations Collaborating to Support Healthy Young Children

Go NAP SACC (Nutrition and Physical Activity Self-Assessment for Child Care) is an evidence-based program for improving the health of young children through better nutrition and physical activity in ECE programs.