

# WEEKLY WEDNESDAY

Department of Educational Psychology Newsletter

Teachers College Hall

COLLEGE OF EDUCATION AND HUMAN SCIENCES  
EDUCATIONAL ADMINISTRATION  
EDUCATIONAL PSYCHOLOGY  
BURDICK CENTER FOR TESTING  
CENTER FOR INSTRUCTIONAL INNOVATION

University of Nebraska  
Lincoln

*We acknowledge Arapaho, Tsististas & Suhtai (Cheyenne), and Kaw Peoples, as well as the relocated Ho-Chunk, Iowa, and Sac and Fox Peoples, upon whose homelands now reside the campuses and programs of the University of Nebraska, a land-grant institution. Let us recognize the legacies of violence, displacement, and survival that bring us here today.*

In this newsletter, you will find announcements, news, and resources from the Educational Psychology Department to help keep you engaged and informed! Be sure to follow us on Twitter @UNL\_EDPS for additional updates. If you would like an announcement posted to the newsletter, please email your information to Jules at: [jmeyers19@unl.edu](mailto:jmeyers19@unl.edu).

Welcome to the beginning of the Fall 2023 Semester! It's Volleyball Day at UNL, which is a great opportunity to showcase our commitment to women's athletics, volleyball, and to show off the great student-focused vibe at UNL! Whether you were on or off campus today, we hope you had a fabulous Wednesday.



**Next Monday, September 4th, the university will observe Labor Day. All UNL buildings and offices will be closed, and classes will not meet.**



In this week's edition of "Weekly Wednesday," we're featuring a wonderful painting that DLS student Mei Grace did of Teacher's College Hall last year. The painting is hanging in our main office and when you see Mei Grace, be sure to thank her for the lovely artwork!



What's Inside

- 1. Announcements
- 2. News
- 3. Diversity, Equity, & Inclusion
- 4. Clinic Corner

# ANNOUNCEMENTS

## Sign Up to Facilitate Diversity and Inclusion Conversations with First-Year Students at Husker Dialogues on September 6th & 13th

*The University of Nebraska-Lincoln is seeking students, faculty, and staff to lend their voices by volunteering for this year's Husker Dialogues as conversation guides. Husker Dialogues events will be September 6th & 13th.*

- Husker Dialogues is an annual program that introduces incoming first-year students to tools to help them engage in tough but necessary conversations centered on diversity and inclusion to build campus community and inspire change. It is hosted by the Office of Diversity and Inclusion. Conversation guides are a vital part of the Husker Dialogues experience for students, helping facilitate discussion among participants. Engagement from the guides helps power the experience. Volunteers model how incoming Huskers can lead.

Find more information [HERE](#). Contact Charlie Foster with questions at [huskerdialogues@unl.edu](mailto:huskerdialogues@unl.edu)

**EDPS Faculty, Students, and Staff:** The Clinical Psychology Training Program and the Nebraska Psychological Association are co-hosting a visit with Dr. Arthur Evans, the CEO of APA. The event is on **Friday, September 15th at 5:30pm at the City Campus Union**. The town hall will include a talk by Dr. Evans, titled “A Vision for the Future of APA and Psychology” followed by Q&A, NPA Friend of Psychology Award Presentation, and a reception.

All are invited to join! Click [HERE](#) for more details.

**Please share the job openings in the Interpersonal Violence Research Laboratory (IVRL) widely within your network. Links below! Some of them include options for fully remote work!**

<https://employment.unl.edu/postings/87614>

<https://employment.unl.edu/postings/87463>

<https://employment.unl.edu/postings/87601>

<https://employment.unl.edu/postings/87615>

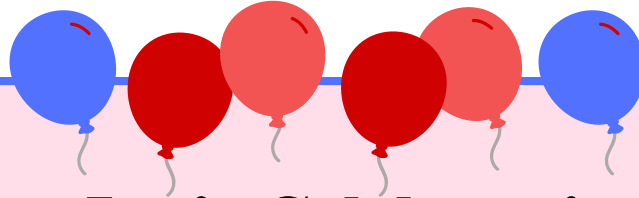
More on the IVLR (a great place to be!) is here: [IVLR INFO](#)

## FREE WEBINARS

### ADHD Assessment: Age, Cultural, and Accommodation Considerations

- The Buros Center is offering a five-part ADHD Assessment [webinar series](#) led by expert scholars and practitioners this fall. The first webinar, *Assess for Success: Supporting Children With ADHD Across Their Educational Careers*, is Wednesday, September 13th from 11:00am to 12:30pm.

This webinar will be led by our own EDPS faculty member, Dr. Matthew Gormley. Webinars are free to UNL faculty, staff, and students. Please contact Dr. Jessica Jonson ([jjonson@buros.org](mailto:jjonson@buros.org)) to register and receive access.



## Let's Celebrate!

**Dr. Tyler Smith** (a graduate from the School Psychology program) at the University of Missouri for receiving APA's Division 16's 2023 Lightner Witmer Early Career Award!!!

**Congratulations, Tyler!**

## Attention everyone!

Dr. Wayne Babchuk would like you all to know that he has a pretty nice, wocking, LG 41" flat screen with a remote if anyone wants it! The only stipulation is that you carry it, although he says it's not very heavy.

**N** RURAL DRUG ADDICTION  
RESEARCH CENTER

**MH+DI**

## Seminar Series

**Christal Badour, PhD**

PRESENTS

Using a Health Equity Framework to  
Understand Trauma & Substance Use  
in Rural Appalachia



**Thursday, Sept 14, 2023**



**1:30 - 2:30 PM CT**



**Zoom Webinar**

## Seminar on Using a Health Equity Framework to Understand Trauma & Substance Use

**REGISTER NOW >**



Register today for a seminar featuring Christal Badour, Associate Professor of Psychology at the University of Kentucky! The event is **FREE** and open to the public. It will take place on **September 14, 2023** at **1:30pm CT via Zoom**. The event is co-hosted with the Rural Drug Addiction Research Center.



## **UPCOMING BIRTHDAYS** **September 1st - Dr. Mary Zeleny**



**Happy Birthday, Mary! Thank you for all you do!**

Please let Jules know if you would like your birthday listed in Weekly Wednesday!

# CLINIC CORNER

## CSPC Student-Clinicians and Supervising Psychologists: Please join us for our September CE event, “[An Introduction to Parent-Child Interaction Therapy](#)”

Parent Child Interaction Therapy (PCIT) is an evidence-based treatment designed to decrease behavioral problems in young children (ages 2-7); it also helps to increase positive interactions, pro-social behaviors, self-esteem, and attention span.

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This lecture, presented by [Dr. Kalee Gross](#), will present an introduction to PCIT and the recent research on its effectiveness as a telehealth intervention. Dr. Gross will also present select behavioral skills from the first phase of PCIT that providers could take away as a tool in their work with children and parents.

**Date:** Friday, September 15th **Cost:** \$20 or FREE to attend  
**Time:** 11am-12pm MST without CEs  
**Location:** Virtual, via Zoom **CEs:** 1.0 CE

### August 2023 Happiness Calendar

Greater Good Science Center  
ggsc.berkeley.edu  
greatergood.berkeley.edu

This month, relax and recharge.  
Keep up with the latest on the science of connection, compassion, and happiness by subscribing to our newsletters.

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6 Check out the Greater Good Toolkit for Kids.	7 Plan ahead so you don't have extra stress after vacation.	1 Go for a swim.	2 Support teens who are struggling.	3 Tune in to your five senses.	4 Find moments of laughter.	5 Meditate on your breathing.
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27 Identify how you want to grow as a person.	28 Let go without giving up.	22 Remember that everyone has worries and struggles.	23 Take our Science of Happiness online course.	24 Take a 5-minute break to be kind to yourself.	25 Connect with people who are different from you.	26 See the good in others.
		29 Savor the beauty in your day.	30 Understand the trauma in your family's history.	31 Spend a few minutes in restful silence.		

**Register to attend**  
**for FREE**

**Register for \$20 and**  
**receive 1.0 CE units**

SUSAN SWEARER, PH.D., LP  
CHAIR



DEPARTMENT OF EDUCATIONAL PSYCHOLOGY  
UNIVERSITY OF NEBRASKA - LINCOLN

### Upcoming Office Hours

Thursday 8/31: 10-11am  
Friday 9/1: 11am-12pm  
Monday 9/4: NONE - UNL Holiday  
Tuesday 9/5: 3-4pm  
Wednesday 9/6: 1-2pm

Send an email to [sswearernapolitano1@unl.edu](mailto:sswearernapolitano1@unl.edu) to schedule a meeting!

# WEEKLY WEDNESDAY

*Department of Educational Psychology Newsletter*

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- **PLEASE WELCOME our new Administrative Associate, Jules Meyers, starting 8/18!!**
- **Please see below for Jules's fun facts!**
  - **Favorite place to travel:** "Turkey. Hands down. I studied abroad there in 2015 and have been back twice since then. I still keep in touch with the friends I made on my first trip, and I was lucky enough to be able to attend their University graduations! I haven't been able to visit for quite some time, which is a bummer. My friends have my whole heart!! I have a tattoo on my arm that says 'mutluluk' which is the Turkish word for happiness. It's written in my best friend's handwriting and placed on the vein closest to my heart, so I can always carry her joy with me."
  - **Favorite food:** Breakfast burritos
  - **Favorite drink:** Black coffee or Diet Coke
  - **Favorite hobby:** Embroidery



Welcome  
Jules

HERE'S WHAT'S UP!

1 - ANNOUNCEMENTS

2 - NEWS

3 - DIVERSITY, EQUITY, AND INCLUSION

4 - CLINIC CORNER

# ANNOUNCEMENTS

- **EDPS Faculty, Staff and Students:** Please consider assisting those in Hawaii with their disaster recovery efforts. [This article](#), published on August 12th, outlines ways you can help.
- **EDPS Graduate Students:** Please sign up for EDPS 859, Statistical Methods on T/Th 3:30-4:45pm, NOT the online option.
- **EDPS Graduate Students:** EDPS 900D (Survey Methods in Educational Research) will be offered this fall. Course details are below:
  - **Description:** Principles and applications of survey research. The course covers the applications of survey methods to the study of relative incidence, distribution, and interrelations of educational, sociological, and psychological variables. The course introduces key steps in constructing measures, including the development of scales under various historical measurement perspectives, applying item-writing guidelines, using proper sampling techniques, and assessing the quality of items and scales. Students will gain hands-on experience developing scales and survey instruments.
  - **Meeting Pattern:** T/Th 3:30-4:45pm
  - **Location:** CPEH 118
  - **Instructor:** Dr. Jordan Wheeler
  - **Prerequisites:** No pre-requisites. However, EDPS 800 or 859 are recommended.

- **EDPS Faculty, Staff and Students:** Dr. Janet Carlson recently published an article in The American Journal of Psychology (AJP) that describes the lifetime contributions of the Buros Institute founder, Oscar K. Buros. AJP was founded in 1887 by G. Stanley Hall as the first academic journal in the U.S. dedicated to the new science of psychology. In 1940 the journal published a review of The Nineteen Thirty-Eight Mental Measurements Yearbook, the first in the long-running series. We are so proud of Dr. Carlson's hard work!



- **EDPS Faculty, Staff and Students:** Dr. Kurt Geisinger, director of the Buros Center, received a presidential citation for his leadership and scholarship from the APA Division 52 (International Psychology) president, Tony Puente. Geisinger served as president of the International Psychology division for 2021-2022. The award was presented during the APA Division 52 meeting in Washington DC. Congratulations, Dr. Geisinger!

# ANNOUNCEMENTS

- **EDPS Graduate TA Students:** Reminder that DLS is hosting a TA Orientation TOMORROW, August 17th from 10:00am-1:00pm. It will take place in TEAC 204.
- **EDPS Faculty and Graduate Students:** Did you know that your unl.edu email account gives you FREE access to the National Center for Faculty Development and Diversity resources? Consider attending [this webinar](#) on 'Every Semester Needs a Plan!'

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## NEWS

- **EDPS Graduate Students:** Be sure to check out UNL's 2023 Graduate Student Welcome Resource Fair!! Details below.
  - The Office of Graduate Studies invites you to discover UNL and Lincoln's wide breadth of graduate student resources for teaching, research, professional development, and time management. Meet experts in academic and personal support, OGS staff, and more! In-person/on-campus students are encouraged to swing by the OGS tables at the Resource Fair to pick up swag bags.
  - **Date:** August 18th, 2023
  - **Time:** 10:00am-12:00pm
  - **Location:** Seaton Hall Quad (in the middle of City Campus near Selleck)
  - No registration required.



**N** GRADUATE STUDIES

**WELCOME  
RESOURCE FAIR**  
**AUGUST 18, 2023**  
**10:00 A.M.**  
SEATON HALL QUADRANGLE

[graduate.unl.edu/welcome](https://graduate.unl.edu/welcome)

- **EDPS Faculty and Graduate Students: Please be aware of the following UNL policy change.**
  - A change has been made to the definition of enrollment status for graduate students to comply with the Higher Education Act and Federal Student Aid regulations. The Graduate College and each campus have been working together to ensure detailed communication reaches you. Changes will be in effect beginning Fall 2023. Full-time certification is not impacted by these changes.
  - Graduate Enrollment Status Changes
    - Half-time status has been changed from 4 credit hours to 5 credit hours, per term.
    - Three-quarter status has been changed from 6 credit hours to 7 credit hours, per term.
    - Full-time status has not changed and remains at 9 credit hours, per term.
  - This change may impact students who normally only enroll in 4 credit hours and
    - borrow student loans,
    - Have student loans in deferment status, or
    - require half-time enrollment for any other purpose, such as insurance eligibility, etc.
    - More details can be found [here](#).



# DIVERSITY, EQUITY, AND INCLUSION

- **EDPS Graduate Students:** Register for the Upcoming Grand Round on Health Inequities!
  - Join us at our October Health Equity Grand Rounds event featuring a presentation by Satveer Kaur-Gill on 'Racially Discordant Provider-Patient Communication during End-of-life Conversations.'
  - It will take place on October 4th, 2023, from 1:00pm-2:30pm CT in the Nebraska Union Platte River Room. It will also be live-streamed via zoom.
  - In this presentation, Kaur-Gill will share how they examined provider communication practices by triangulating methods (semi-structured interviews with patients & providers, observational notes, and conversation analysis to identify communication inequities occurring in racially discordant provider-patient encounters.
  - [REGISTER HERE](#)
  - You can also join their mailing list [here](#).

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## Upcoming birthdays

No known birthdays this week...



Please let Kyle know if you would like your birthday listed in "Weekly Wednesday!"

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## CLINIC CORNER

- **EDPS Graduate Students:** Please see below for details on APA Division 53's clinical resources, available in both Spanish and English:
  - English: <https://nap.nationalacademies.org/resource/other/dbasse/wellbeing-tools/interactive/index.html>
  - Spanish: <https://nap.nationalacademies.org/resource/other/dbasse/wellbeing-tools/interactive/espanol/index.html>
- **EDPS Graduate Students:** Going back to school can be both exciting and challenging for kids. Kindness and support from educators can help set the tone for a strong school year. In addition to the [Kindness in the Classroom curriculum](#), here are 3 ways to start.
  - **Show Kindness:** As educators, you can make a significant impact by modeling kindness during this transition. [Access our 2023/2024 school calendar](#) to find daily ideas for acts of kindness.
  - **Listen with Empathy:** Take the time to listen to your students' thoughts and feelings about going back to school. Choose from our [new kindness activities](#) to foster a sense of community and connection within your classroom and across your school.
  - **Create a Positive Classroom Environment:** Foster a warm and welcome atmosphere in the classroom. Select from [our assortment of grab & go games & ice breakers](#) for an engaging classroom experience.

- **EDPS Graduate Students:** Gain up-to-date Peer Support Service guidance from state and national sources with Amy Brinkley:
  - Join us for an insightful session on Nebraska state peer certification and the national peer landscape. Discover best practices for implementing peer support services and gain up-to-date guidance from state and national sources. This training offers cutting-edge information on strategies for effective peer support implementation, allowing participants to grasp the return on investment for utilizing peer services.
  - **Objectives:**
    - Describe key aspects of Nebraska’s peer certification process, including the ability to identify the lived experience qualifications for the Nebraska Peer Certification and locate the website for accessing Peer Support training.
    - Independently locate three (3) state and national resources for peer support services through reliable website sources.
    - Describe three (3) return on investment outcomes related to the utilization/implementation of per support services.
  - **Location:** Zoom
  - **Date/Time:** August 18th, 2023 from 9:00am-12:00pm CST
  - **Cost:** FREE
  - Register [here](#).

## August 2023

### Happiness Calendar

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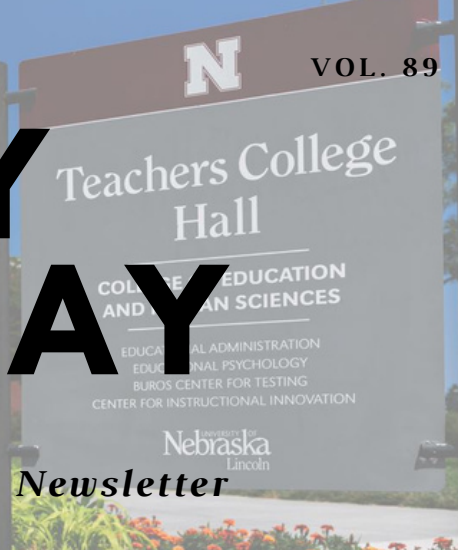
#### UPCOMING OFFICE HOURS (TEAC 114B OR ZOOM).

**THURSDAY 8/17: 12:00-1:00**  
**FRIDAY 8/18: 1:00-2:00**  
**MONDAY 8/21: 1:00-2:00**  
**TUESDAY 8/22: 4:00-5:00**  
**WEDNESDAY 8/23: NONE**

**EMAIL: [SSWEARER@UNL.EDU](mailto:sswearer@unl.edu)**  
**TO SET UP A TIME TO MEET!**

# WEEKLY WEDNESDAY

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- Please welcome our new faculty: Jordan Wheeler (QQPM) and Sungeun Kang (SchPsych)!!



Jordan Wheeler

"I am originally from Nebraska and completed my undergraduate at Nebraska Wesleyan University. I received my Ph.D. in Quantitative Methodology from the University of Georgia. My research interests focus on the application of statistical and machine learning techniques to analyze textual and process data from educational assessments. Lately, I have been focusing on the development of methodologies that integrate results from textual data analyses into various psychometric models. In my free time, I enjoy going to coffee shops and getting outside for either a run or a walk with my wife, Carly, and our five-year-old goldendoodle named Kona."



Sungeun Kang

"I look forward to exploring Lincoln, especially the delicious restaurants, various arts/theatres, and parks. I am also passionate about music and hope to form a UNL EDPS music band someday. If anyone is interested in joining me, I'm all ears!"

"I am excited to join the Husker Nation as a new assistant professor in school psychology. My professional journey primarily focused on supporting children with autism and neurodevelopmental differences. I completed my school psychology doctorate program at the University of Iowa, and part of my training was in the LEND program at the University of Iowa Hospitals & Clinics. I then trained at Nationwide Children's Hospital in Columbus. I later moved to Cincinnati to complete my post-doctoral fellowship at Cincinnati Children's Hospital. I am happy to have landed here, calling Lincoln my 'home.'"

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# ANNOUNCEMENTS

- **EDPS Faculty, Staff and Students:** Need to learn how to navigate Concur? Consider attending UNL's travel training! The training schedule has been posted to the [NU travel website](#).
  - Concur request and expense overview
    - August 22 11:00am-noon
    - September 27 9:30am-10:30am
  - Non-travel expense overview
    - September 26 11:00am-11:30am
- **EDPS Faculty, Staff, and Students:** Consider attending the Northern Rocky Mountain Educational Research Association annual conference in Omaha, NE on October 4-6. EDPS graduate, Dr. Dan Robinson, will be a presenter on the special presidential session (see attached flyer for more information).
- **THANK YOU** to all who attended our orientation last Friday! We got some great pictures, thanks to Heather Snodgrass in Buros.

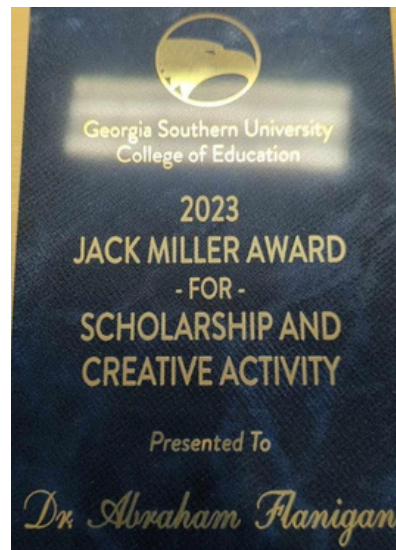


## NEWS

- **EDPS Graduate Students:** Two graduate students from our DLS and QQPM programs are studying the effects of frequent student feedback on their GTA during an academic semester. You are eligible to participate if you are at least 19 years old, a GTA at UNL, and currently reside in the United States.
  - Participants will receive a \$50 Visa gift card.
  - Please register by August 24, 2023.
  - Interested? Scan the QR code, or contact Om Joshi (om.joshi@huskers.unl.edu) or Jay Jeffries (jayjeffries13@huskers.unl.edu).



- **EDPS Faculty, Staff, and Students:** Please join us in congratulating Dr. Kurt Geisinger! Dr. Geisinger has been asked to be one of eight members of the Advisory Board for the International Project on Competence in Psychology (IPCP). He will begin his term on the board this fall.
- **CONGRATULATIONS** to Dr. Abe Flanigan (a graduate of our DLS program) who just received the Jack Miller Award for Scholarship and Creativity from the College of Education at Georgia Southern University. We are so proud of him!



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## DIVERSITY, EQUITY, AND INCLUSION

- **EDPS Graduate Students:** #NCLUDE is designed so that individuals who desire to grow their knowledge, skills, and awareness in a particular DEI-related area can do so in an environment of care, commitment, and accountability. Learning groups co-create a space for students, staff, faculty, alumni, and community members to engage in dynamic dialogue, reflection, and offer support to one another. You can learn more [here](#).
- **EDPS Graduate Students:** Register for the Upcoming Grand Round on Health Communication Inequities, featuring a presentation by Satveer Kaur-Gill on "Racially Discordant Provider-Patient Communication during End-of-Life Conversations." You can sign up [here](#).

# DIVERSITY, EQUITY, AND INCLUSION

- **EDPS Graduate Students:** Register for the ' Culturally Responsive MTSS for School Mental Health Services' live Webinar. This session will be presented by Dr. Celeste Malone, Ph.d., MS, an associate professor and coordinator of the School Psychology program at Howard University.
  - **Learning Objectives:**
    - Be able to identify barriers and facilitators to mental health services for youth with marginalized social identities
    - Be able to explain how microaggressions impact students' mental health
    - Be able to define culturally responsive mental health services
    - Be able to describe how to integrate the tenets of culturally responsive practice into a mental health MTSS mode
  - **Date:** Thursday, August 24th
  - **Time:** 10:00am-11:30am CST
  - Register [HERE](#).

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## Upcoming birthdays

Yaoling Wang - August 27th



Please let Jules know if you would like your birthday listed in "Weekly Wednesday!"

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## CLINIC CORNER

- **CSPC Student-Clinicians and Supervising Faculty:** Join our very own Dr. Dena Abbott on Friday, August 25th for the NPA Brown Bag series and Dr. Abbott's talk on 'A sex-positive approach to sexual and reproductive health competence among mental health practitioners'. More information below.



**Friday, August 25th – A Sex-Positive Approach to Sexual and Reproductive Health Competence Among Mental Health Practitioners**  
**Dena M. Abbott, Ph.D.**

In this Brown Bag session, participants will discuss sexual and reproductive health (SRH) as a central component of humanness and, therefore, an integral part of wellness to which mental health clinicians must attend. The current state of SRH competence in mental health, strategies to infuse sex-positivity into clinical practice, and ethically navigating current legislation limiting access to SRH-related health care will also be discussed. Register [here](#).

- **EDPS Graduate Students:** Take the 'Kindness at Work Assessment'! More information from the Random Acts of Kindness Foundation below:

You've known us for our amazing [education resources](#) for years. You love getting the [daily dose of kindness](#) in your email. You didn't think we could top ourselves, but... we did.

There is so much to say about why kindness in the workplace matters. You can read more about the [ROI of Kindness in our blog](#), but let's get straight to business.

We've been teasing our exciting news for awhile, but today is the big day! We are so pleased to share our newest workplace resource: [The Kindness at Work Assessment](#). (hear those wild cheering noises?)

This is how it works: [Take the Kindness in the Workplace assessment](#).

After you finish the assessment, your results will reveal which of the six kindness concepts seems to resonate the most with your workplace self. When you learn which concept is your strongest, you will get a one-page resource that talks more about that concept, and you'll have an opportunity to download the kindness concept toolkit that accompanies your concept. This toolkit has some practical suggestions and resources that will help you bring out this concept more strongly in your workplace. The goal is for you to be more aware of your workplace kindness superpower so you can use it to foster an even stronger culture of kindness at work.

You might also notice which of the kindness concepts resonated with you less strongly and choose to explore those toolkits as well. While you might be naturally more inclined toward one kindness concept over another, there isn't any reason why you can't work on embodying them all!

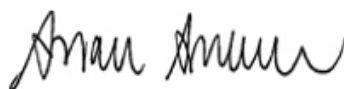
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6 Check out the Greater Good Toolkit for kids.	7 Plan ahead so you don't have extra stress after vacation.	8 Lean on other people in tough times.	9 Show your appreciation.	10 Recognize how much luck and circumstances shape our lives.	11 Model being humble and embracing mistakes.	12 Go outside and take a photo of nature.
13 Seek to reduce suffering in yourself and others.	14 Take time to rest today.	15 Work on managing your screen time.	16 Ask for help at work.	17 Offer yourself care and compassion.	18 Spend time with people who listen to you.	19 Take a relaxing lunch break.
20 Do you notice joy and share in others' happiness? Take a quiz to find out.	21 Practice mindful movement.	22 Remember that everyone has worries and struggles.	23 Take our Science of Happiness online course.	24 Take a 5-minute break to be kind to yourself.	25 Connect with people who are different from you.	26 See the good in others.
27 Identify how you want to grow as a person.	28 Let go without giving up.	29 Savor the beauty in your day.	30 Understand the trauma in your family's history.	31 Spend a few minutes in restful silence.		




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CHAIR  
DEPARTMENT OF EDUCATIONAL PSYCHOLOGY  
UNIVERSITY OF NEBRASKA - LINCOLN

UPCOMING OFFICE HOURS (TEAC 114B OR ZOOM).

WEDNESDAY 8/23: NONE

THURSDAY 8/24: NONE

FRIDAY 8/25: NONE

MONDAY 8/28: NONE

TUESDAY 8/29: 3:00-4:00

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TO SET UP A TIME TO MEET!