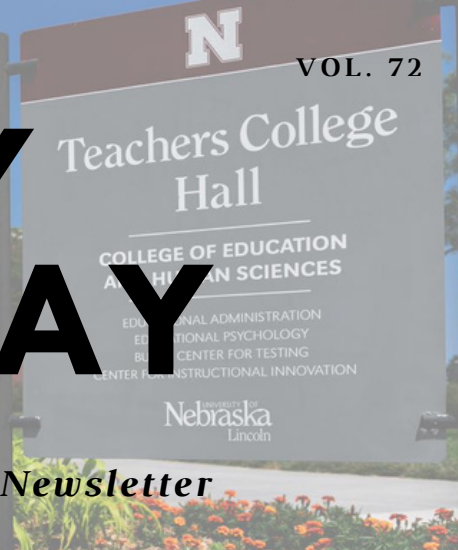


# WEEKLY WEDNESDAY

*Department of Educational Psychology Newsletter*



**We acknowledge Arapaho, Tsististas & Suhtai (Cheyenne), and Kaw Peoples, as well as the relocated Ho-Chunk, Iowa, and Sac and Fox Peoples, upon whose homelands now reside the campuses and programs of the University of Nebraska, a land-grant institution. Let us recognize the legacies of violence, displacement, and survival that bring us here today.**

In this newsletter, you will find announcements, news, and resources from the Educational Psychology Department to help keep you engaged and informed! Be sure to check follow us on Twitter @UNL\_EDPS for additional updates. If you would like an announcement posted to the newsletter, please email your information to Edith at: [erezamartinez2@unl.edu](mailto:erezamartinez2@unl.edu).

- **Seeking Teacher/Pre-Service Teacher Participants** for the Bullying Research Network International Study on Teacher Perceptions of Bias-Based Bullying! Do you know a current teacher or pre-service teacher in the U.S? Send them this survey, which will help inform bullying prevention training and best practices for our educators! They will receive a 30% coupon to Oriental Trading Company ([www.orientaltrading.com](http://www.orientaltrading.com)) for participation! See attached flyer for more information.
  - Link to the study: <https://tinyurl.com/BRNETStudy>

**TEACHER SURVEY - RESPONSE TO A BULLYING SITUATION - FREE COUPON!**

30% OFF COUPON TO ORIENTAL TRADING COMPANY

Purpose: We are interested in finding out if different factors affect teachers' perceptions and responses to social exclusion at school.  
Are You Eligible: All Current Primary/Secondary Teachers or Preservice Teachers!

**PARTICIPATE WITH THIS LINK OR QR CODE!**  
<https://tinyurl.com/BRNETStudy>

HERE'S WHAT'S UP!

**1 - ANNOUNCEMENTS**

**2 - NEWS**

**3 - DIVERSITY, EQUITY, AND INCLUSION**

**4 - CLINIC & RESEARCH CORNER**

# ANNOUNCEMENTS

- **PARTY @SRCDD!** Please join us at the UNL reception in Salt Lake City! Faculty, staff, students, alumni, colleagues and friends are invited to attend the University of Nebraska–Lincoln reception at the upcoming 2023 SRCDD Biennial Meeting in Salt Lake City. The UNL reception is **Friday, March 24, from 7 to 9 p.m. in the Salt Palace Convention Center**
- **EDPS Faculty, Staff, and Students:** Consider attending Dr. Jonathan Zimmerman’s talk, “Democracy in Education? Culture Wars, Free Speech, and the Battle Over America” on Thursday, March 30th at 5:30pm in CPEH 227.
- **EDPS Students:** Student Research Days Registration closes March 3rd. There are two days of poster presentations and creative exhibits from graduate and undergraduate researchers. As you may know this is wonderful opportunity for you to present your work to the campus community. There are also \$400 awards for top presenters.
  - Registration link: [https://research.unl.edu/events/researchdays\\_nuramp.php?EMSEventUUID=d4c79570-10d4-4abc-bd22-7b5e93d9b55c](https://research.unl.edu/events/researchdays_nuramp.php?EMSEventUUID=d4c79570-10d4-4abc-bd22-7b5e93d9b55c)
  - Website: <https://research.unl.edu/springresearchdays/graduate-poster-session-and-creative-exhibition/>
  - Reach out to Lisa Rohde (lrohde2@unl.edu) if you have any questions.
- **EDPS assistantship positions:** All hyperlinked positions on the EDPS assistantship webpage are active. If a position is not hyperlinked, the position has not yet been secured. Please refer to this page when looking at available positions: <https://cehs.unl.edu/edpsych/graduate-assistantships/> are active.
- **EDPS Graduate Students:** The Student Development Committee for the Society of Clinical Child and Adolescent Psychology is pleased to invite applications for 2023 Professional Development Awards. These awards are aimed at supporting the professional development of undergraduate, and of graduate students in APA, PCSAS, or CPA-accredited programs. Up to six \$375 professional development awards are available to support student conference attendance, online educational opportunities, and/or purchase of printed materials that relate to the student's work. Preference will be given to students presenting talks or posters at conferences (in-person or virtually). Applicants must be a member of SCCAP to apply for this award, and priority will be given to students with long standing membership. SCCAP is free to join for students (<https://sccap53.org/join/>).
  - Applications will be evaluated based on the justification of the ways the award will be utilized and how the award will aid the professional development of the student. Priority will be given to applicants who are not receiving other funding to attend conferences or purchase professional development materials. Students interested in applying for the annual APA Student Professional Development Awards should send completed applications using the form below by March 1st, 2023.
  - If you have questions about eligibility criteria or other parts of the application process, please contact [StudentAwards@sccap53.org](mailto:StudentAwards@sccap53.org)
  - Application Website: <https://sccap53.org/professional-development-award/> SCCAP Membership is required.
  - SCCAP encourages and welcomes applicants with diverse backgrounds with respect to age, disability, gender, geography, nationality, race, religion, ethnicity, and sexual orientation.

# ANNOUNCEMENTS

- **EDPS Faculty, Staff and Students:** Please consider attending the Buros' Post Doc Candidate job talk on Thursday, March 2, 2023 from 2:30-3:30. in TEAC 250. Montserat Valdivia's job talk is titled "Fairness in Assessment as Equity in Education."

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## DIVERSITY, EQUITY, AND INCLUSION

- **Racial Literacy Roundtable**, March 1st: 6:00 -7:30 pm, <https://unl.zoom.us/j/98372407482>. Registration is required.
  - Led by collaborators from TLTE, CYAF and the Teacher Scholars Academy, the Racial Literacy Roundtables are for CEHS students, particularly pre-service teachers, to work on developing racial literacy skills. Specifically, racial literacy is "a skill and practice in which individuals are able to probe the existence of racism and examine the effects of race and institutionalized systems on their experiences and representations in U.S. Society" (Sealey-Ruiz, 2017, p. 129). Together through the Racial Literacy Roundtables, we are seeking to find and claim our abilities as anti-racists from a variety of backgrounds and identities.
  - To participate in the roundtable, please fill in the registration: <https://cehs.unl.edu/racial-literacy-roundtables/>
- **PASEO Salud Mental is offering a 6-week Spanish for mental health immersion program** in Peru starting June 11th, 2023. The program is designed to help individuals in the mental health field strengthen their linguistic and clinical skills to better service Latinx populations in the United States. Participants also complete clinical practicum placements with local organizations during their time in Peru, which allows us to help close gaps to mental health training and service provision in the region of Peru where PASEO operates.
  - The program is appropriate for graduate students in psychology, social work, and related fields as well as for professionals looking to advance their field-specific Spanish skills. More information can be found on our [website](#) or by viewing the 2023 program [brochure](#).
  - The [application](#) deadline has been extended to Feb. 28th. Any questions about the program can be directed to: [briekohrt@paseoprogram.com](mailto:briekohrt@paseoprogram.com) or [david@paseoprogram.com](mailto:david@paseoprogram.com).

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## Upcoming birthdays

MacKenzie Callen - March 3

Mike Scheel - March 4

Sophie Tonjes - March 3



Please let Edith know if you would like your birthday listed in "Weekly Wednesday!"

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## CLINIC AND RESEARCH CORNER 🧡

- **March 1: Wellness Wednesday** for CEHS Students! Dr. Barb Harris will lead mindful stretching to restore the emotional brain and preserve the body so you can learn to implement mindfulness in day-to-day activities. No yoga mat or exercise equipment necessary: come as you are! Wednesday, March 1 from 3 – 4 p.m. in Carolyn Pope Edwards Hall, Room 227.

# CLINIC AND RESEARCH CORNER CONT...

- **CSPC Student-Clinicians and Supervising Psychologists:** Participate in D53’s March 15th webinar on “School-based interventions for children and youth with ADHD.” Information [here](#).
- **Save the Date!** NPA Spring Conference: "Transgender Psychological Evaluations and Gender-Affirming Care" on April 14, 2023.
  - Transgender adults are increasingly seeking gender-affirming medical care to include hormonal and surgical treatment. Given the significant physical, social, occupational, behavioral, and mental health implications of gender transition, most surgeons and insurance companies require a pre-procedural psychological evaluation.

## March 2023 Happiness Calendar

This month, nurture your relationships each day.

Keep up with the latest on the science of connection, compassion, and happiness by [subscribing to our newsletters](#).

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p><b>Greater Good Science Center</b> ggsc.berkeley.edu greatergood.berkeley.edu</p>		 <p><b>WOMEN'S DAY</b> March 8</p>	1 Listen to one of your favorite songs.	2 To <b>achieve your goals</b> , anticipate obstacles you might encounter.	3 Ask for <b>what you need from others</b> .	4 <b>Chat with a friend</b> today.
5 <b>Reflect on your strengths</b> and how they've shaped your life.	6 Take our <b>Science of Happiness at Work</b> course.	7 <b>Make small talk</b> with a stranger.	8 <b>Celebrate International Women's Day</b> with resources for women's well-being.	9 <b>Be curious</b> about other people's lives.	10 Get out in nature to <b>reset a bad day</b> .	11 Enjoy <b>moments of solitude</b> .
12 <b>Give to a cause</b> that matters to you.	13 <b>Write a to-do list</b> for the day.	14 <b>Speak out</b> when you witness prejudice.	15 <b>How grateful are you?</b> Take our quiz to find out.	16 <b>When you're stressed</b> , focus on what you can control.	17 Try a <b>Common Humanity Meditation</b> to see how we're all connected.	18 Help young people <b>get involved in real-world issues</b> .
19 <b>Rearrange your space</b> to feel more joyful and connected.	20 Give your loved ones <b>your full attention</b> .	21 <b>Take a break from technology</b> at some point today.	22 <b>Consider forgiving someone</b> who hurt you.	23 Be open to <b>changing your perspective</b> in a conversation.	24 <b>Listen to awe-inspiring music</b> .	25 <b>Stay connected to your culture</b> .
26 <b>Be sensitive to other people's suffering</b> .	27 Pause and <b>take a few deep, mindful breaths</b> .	28 Look for <b>bias embedded in larger systems</b> , not just individuals.	29 Schedule <b>meaningful activities</b> in your day.	30 Consider <b>what you can do about gun violence</b> .	31 <b>Remember happy moments</b> with your family.	




SUSAN SWEARER, PH.D., LP  
CHAIR  
DEPARTMENT OF EDUCATIONAL PSYCHOLOGY  
UNIVERSITY OF NEBRASKA - LINCOLN

**UPCOMING OFFICE HOURS (TEAC 114B OR ZOOM.)**  
**WEDNESDAY, FEBRUARY 22: 2:00PM - 3:00PM**  
**THURSDAY, FEBRUARY 23: 12:00PM - 1:00PM**  
**FRIDAY, FEBRUARY 24: 10:00AM - 11:00AM**  
**MONDAY, FEBRUARY 27: 1:00PM - 2:00PM**  
**TUESDAY, FEBRUARY 28: 1:30PM - 2:30PM**



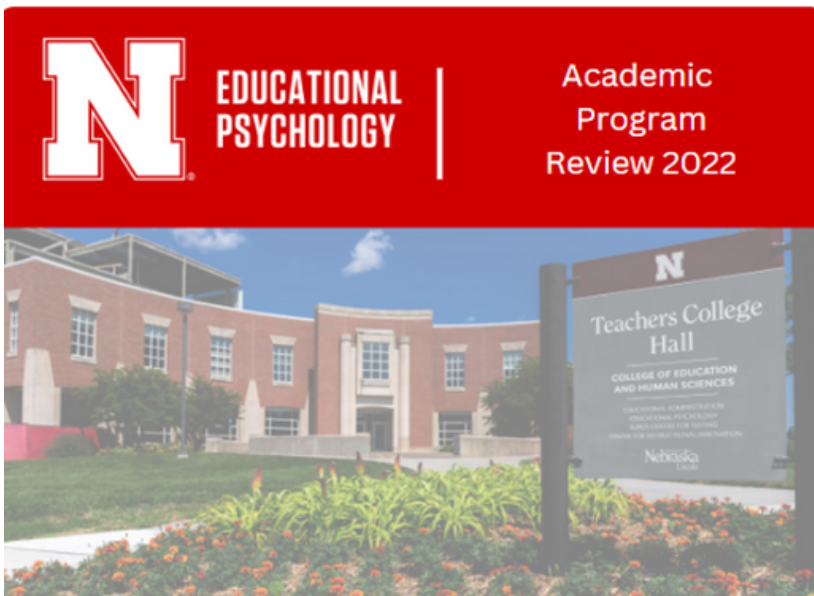
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*Department of Educational Psychology Newsletter*

We acknowledge Arapaho, Tsististas & Suhtai (Cheyenne), and Kaw Peoples, as well as the relocated Ho-Chunk, Iowa, and Sac and Fox Peoples, upon whose homelands now reside the campuses and programs of the University of Nebraska, a land-grant institution. Let us recognize the legacies of violence, displacement, and survival that bring us here today.

In this newsletter, you will find announcements, news, and resources from the Educational Psychology Department to help keep you engaged and informed! Be sure to check follow us on Twitter @UNL\_EDPS for additional updates. If you would like an announcement posted to the newsletter, please email your information to Edith at: [erezamartinez2@unl.edu](mailto:erezamartinez2@unl.edu).

- **SAVE THE DATES!** The faculty and staff in the Department of Educational Psychology have spent over six months writing our Academic Program Review (APR). Every department at UNL has to write an APR every 7 years. APR's are required by the Commission on Higher Education and are an opportunity to showcase what we do. Our site visit team will be visiting campus on **March 28-30th**.
  - [https://unleducation.az1.qualtrics.com/jfe/form/SV\\_3VqMK1gzKKmA3f8](https://unleducation.az1.qualtrics.com/jfe/form/SV_3VqMK1gzKKmA3f8)



HERE'S WHAT'S UP!

**1 - ANNOUNCEMENTS**

**2 - NEWS**

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**4 - CLINIC & RESEARCH CORNER**

# ANNOUNCEMENTS

- **EDPS Graduate Students and Faculty:** FREE training sessions from APA in methodological and statistical approaches in psychological science! Fun fact: the April 25th session will be led by one of our former QQPM graduates: Dr. Craig Enders! See below to register:
  - <https://www.apa.org/science/programs/training-sessions>
- **EDPS Graduate Students:** The Request for Applications (RFA) for the CEHS Student Professional Development Grant Program is attached. Applications are due between March 15-April 15. These grants are intended to award up to \$500 for conference activities occurring between July 1 – December 31, 2023. This would be a great way to fund travel to APA, ABCT, and any other conferences between July and December!
- **EDPS Graduate Students:** Show your appreciation for graduate support staff through online submission. Graduate students are encouraged to show their appreciation for a graduate support staff member using the [online submission form](#). Consider sharing feedback or a story about a time when they were helpful or supportive to you or your department.
- **EDPS Faculty:** Attached is the registration information for the NDE Educator Effectiveness Mini-Summits, including the one that will be hosted by UNL on **April 5, 2023**. Please consider registering and attending.
- **EDPS Graduate Students:** The Department Scholarship Committee is accepting applications for dissertation research and student conference travel (for presenters) until April 15, after which the committee will make awards. See the attached application form. Please follow the directions carefully. There have been important changes since the last round of funding.
- **EDPS Graduate Teaching Assistants:** Consider attending Dr. Ken Kiewra’s Zoom workshop, “Learn how to deliver feedback to nourish student knowledge” on March 23rd from 12-1pm. This workshop will count towards CIRTL certification.
  - [Register here](#).
- **EDPS Graduate Students:** Grant Opportunity! Consider applying for the Buffett Early Childhood Institute Graduate Scholars program. More information [here](#).
- **EDPS Assistantship Positions:** All hyperlinked positions on the EDPS assistantship webpage are active. If a position is not hyperlinked, the position has not yet been secured. Please refer to this page when looking at available positions: <https://cehs.unl.edu/edpsych/graduate-assistantships/> are active
  - Positions posted this week include: EDPS 209, EDPS 250, and Swanson Assistantship
- **EDPS Graduate Students:** Graduate Travel Award Program (GTAP)
  - Applications for Summer conference travel awards (up to \$600!) from GTAP are open until March 31st. More info available here:
  - <https://www.unl.edu/gsa/graduate-travel-awards-program-gtap>

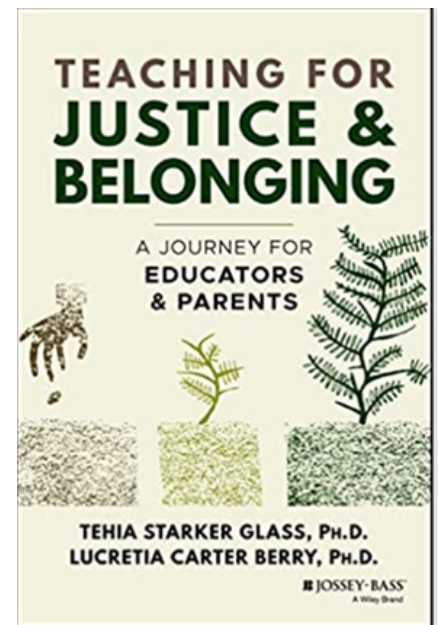
# ANNOUNCEMENTS

- **EDPS Faculty, Staff, and Students:** Save the date: Spring 2023 Methodology Application Series on Friday, March 31, 2023 from 11:30am-1:00pm. This is a virtual presentation and is open to the public. For more information [click here](#).
- **Spring Break Data Cleanup with the Libraries** - We have a number of great workshops being offered over Spring Break to help researchers and students organize their research data and files. Please see details below to register.
  - Managing your citations and documents with Mendeley on Monday, March 13
    - 10-11 am (online) - Melissa Gomis <https://unl.libcal.com/event/10416253>
    - 6-7 pm (online) - Lorna Dawes <https://unl.libcal.com/event/10416241>
  - Managing your citations and documents with Endnote on Tuesday March 14
    - 3:30-4:30 pm (online) - Melissa Gomis <https://unl.libcal.com/event/10416281>
  - Writing data management and sharing plans on Wednesday March 15
    - 1:30-3 pm (235 Dinsdale Family Learning Commons) - Leslie Delserone <https://unl.libcal.com/event/10416291>
  - Managing your citations and documents with Zotero on Thursday March 16
    - 10 - 11 am (235 Dinsdale Family Learning Commons) - Erica DeFrain <https://unl.libcal.com/event/10415526>
    - 1 - 2 pm (online) - Erica DeFrain <https://unl.libcal.com/event/10415830>
- See the full [calendar of upcoming instruction events](#).

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## DIVERSITY, EQUITY, AND INCLUSION

- **EDPS Faculty, Staff, and Students:** We would like to recommend the book *Teaching for Justice and Belonging: A Journey for Educators & Parents*, written by Dr. Tehia Starker Glass, **who is a Ph.D. from our department**. The book provides a practical and powerful blueprint for unrooting racism in the educational setting. It is an interesting guide designed to cultivate an educational experience that inspires a culture of true belonging, liberation, and justice for all.
  - Relying on case studies, thorough research, and personal experiences drawn from the lives of the authors themselves, *Teaching for Justice and Belonging* also offers:
    - Demonstrations of how to explore personal and collective racial identity to learn more about oneself and others
    - Support for making systemic change within the spheres of influence of educators and parents
    - Real testimonials and stories to guide readers on their own healthy anti-racism journeys
  - The book is an anti-racism roadmap, perfect for anyone interested in unlearning racism and encouraging diverse voices in the education system.



# NEWS

- **CONGRATULATIONS** to Drs. Dena Abbott and Heather Hruskoci who will be honored as “2023 Women of Courage, Character, and Commitment” recipients during the Women’s History Month Celebration on March 10th at the Lied Center Commons. For more information: <https://cehs.unl.edu/edpsych/news/three-cehs-faculty-receive-women-courage-awards/>

## Upcoming birthdays

Jay Jeffries - March 12

Marc - March 20



Please let Edith know if you would like your birthday listed in "Weekly Wednesday!"

## CLINIC AND RESEARCH CORNER

- **Big Red Pawp Up is back!!!!**
  - De-stress and unwind with certified therapy dogs in the library. Come by to cuddle and shake paws with some furry friends between classes and studying.
  - Mar 8: noon - 1:30pm - Dinsdale Family Learning Commons Kimmel Foundation Room (DINS 104), East Campus.
  - Mar. 9: noon - 1:30pm - Love Library South Peterson room 221, City Campus
- **CSPC Student-Clinicians and Supervising Psychologists:** Try this 5-minute breathing technique to reduce anxiety and enhance mood: [A Five-Minute Breathing Exercise for Anxiety and Mood \(berkeley.edu\)](#)
- **CSPC Student-Clinicians and Supervising Psychologists:** Division 53 Webinar on “School-Based Interventions for Children & Youth with ADHD” on March 15th at 12pm Eastern!
  - [Register now!](#)
- **CSPC Student-Clinicians and Supervising Psychologists:** Participate in D53’s March 15th webinar on “School-based interventions for children and youth with ADHD.” Information [here](#).
- **Save the Date!** NPA Spring Conference: "Transgender Psychological Evaluations and Gender-Affirming Care" on April 14, 2023.

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UPCOMING OFFICE HOURS (TEAC 114B OR ZOOM.)

WEDNESDAY, MARCH 8: 9:00AM - 10:00AM

THURSDAY, MARCH 9: 11:00AM - 12:00PM

FRIDAY, MARCH 10: NO OFFICE HOURS

**HAPPY SPRING BREAK**



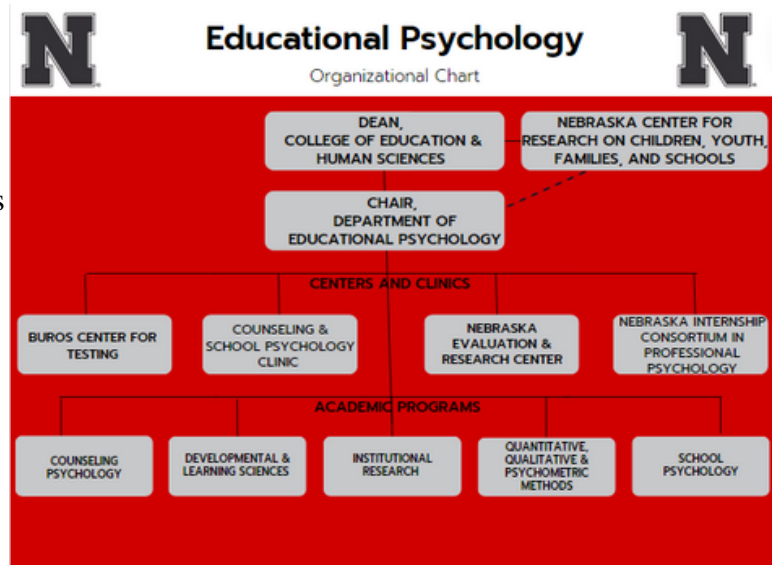
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- IMPORTANT REMINDER!** The EDPS Academic Program Review site visit is next week: March 29-31. Please see the attached PDF of the schedule of meetings and plan to attend the meetings that are pertinent to your role in the department. APRs occur every 7 years and the EDPS faculty spent much of 2021-2022 discussing and writing our self-study report, which you can find on TEAMS. APRs are required for the Academic Planning Committee (APC) at UNL and for the Nebraska Coordinating Commission for Postsecondary Education (CCPE). The questions that we've asked our APR site team to address are: (1) How might the department strengthen its functioning as a collaborative unit across programs, the college, and campus? (2) How do we tangibly build equity, inclusion, and anti-racism within our department as we operate within the broader university and state communities? (3) What strategies we can incorporate to recruit and retain students who are underrepresented, broadly defined (e.g., social class, gender identity, sexual orientation, race/ethnicity)? (4) What are the strengths of the department's structure and programs/ centers? (5) What are we doing that is innovative or noteworthy? (6) How do we market our work in a way that others understand it in a comprehensive manner? We are looking forward to our site visit next week and appreciate all you do to make EDPS a fabulous department!



# ANNOUNCEMENTS

- **EDPS Graduate Students: Good News!** The Department has been able to keep our current 2023-2024 GTA and GRA positions for 2023-2024! Please talk with your advisors about assistantship opportunities and check out our link for open positions: <https://cehs.unl.edu/edpsych/graduate-assistantships/>
- **EDPS Graduate Teaching Assistants:** Consider attending Dr. Ken Kiewra's Zoom workshop, "Learn how to deliver feedback to nourish student knowledge" on March 23rd from 12-1pm. This workshop will count towards CIRTl certification.
  - [Register here.](#)
- **EDPS Faculty, Staff, and Students:** Save the date: Spring 2023 Methodology Application Series on Friday, March 31, 2023 from 11:30am-1:00pm. This is a virtual presentation and is open to the public. For more information [click here.](#)
- **EDPS Faculty:** Save the Date! June 21st and June 22nd: Clinical and Translational Research Focused NIH Grant Writing Workshops!
  - See attachment for more information.
- **EDPS Graduate Students:** Consider enrolling for EDPS 855: Teaching Learning to Learn during the first five week summer session from May 30 - June 30.
  - If you have any questions, do not hesitate to reach out to Ken Kiewra, [kkiewra1@unl.edu](mailto:kkiewra1@unl.edu)
- **EDPS Faculty:** Attached is the registration information for the NDE Educator Effectiveness Mini-Summits, including the one that will be hosted by UNL on April 5, 2023. Please consider registering and attending.
- **EDPS Faculty:** New Funding Opportunities for Secondary Analyses of Head Start Data. The Administration for Children and Families (ACF), Office of Planning, Research, and Evaluation (OPRE) is soliciting applications for Secondary Analyses of Head Start (HS) Data grants. This funding opportunity aims to support researchers conducting secondary analyses of data to address key questions of relevance to HS, Early Head Start (EHS), American Indian Alaska Native (AI/AN), and Migrant and Seasonal Head Start (MSHS) programs.
  - The full announcement for "Secondary Analyses of Head Start Data" is hyperlinked.
  - For further information about OPRE, see <http://acf.hhs.gov/opre>. For information about the Office of Head Start (OHS) and HS programs, see <https://www.acf.hhs.gov/ohs/about/what-we-do>. We recommend that potential applicants subscribe on grants.gov to these Notices of Funding Opportunity on grants.gov to receive notifications of updates. These grant programs are funded by the Office of Planning, Research, and Evaluation in the Administration for Children and Families, U.S. Department of Health and Human Services.
  - If you have questions regarding this grant announcement, please email [ECedata@icfi.com](mailto:ECedata@icfi.com) or call 1-877-350-5913.

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# ANNOUNCEMENTS

- **EDPS Graduate Students:** Student Poster Research Award and Family Focused Research
  - Division 43 APA 2023 Convention Awards:
    - Any psychology student APA member.
    - Any Poster or paper to submitted to APA 2023 conference that is relevant to Family based research. ( Must eventually be accepted.)
    - Student Applicants must be a current student or have conducted the research while a student (e.g., dissertation research)
    - Applicants must be a student member of Division 43 when submitting the application. If you are not a current 43 member, you can become one before submission. Send an email to membership chair Mercedes Palacios (mpalacios@paloaltou.edu)
    - Submit two page, single spaced paper summarizing the study. Please include the traditional sections: Introduction, Method, Results, and Discussion
    - The deadline for submission to me Guy Diamond (gd342@drexel.edu) is April 1 at 12noon EST.
    - Evaluation factors: Innovation, Theoretical/conceptual framework, methodological/statistical rigor, writing quality, contribution to family psychology.
    - Notification of award, June 10, 2023.
    - Monetary award: \$250
    - To be publicly awarded at the Division 43 hospitality meeting (attendance not required).
- **Mark your calendars** for our Conversation Series event Grow With Malone on Friday, April 28, 2023, from 12:00 to 1:30 PM at Healthy Blue Nebraska, 1625 N St, Lincoln, NE! Christiana Vermeline, Director of Community Health & Outreach at the Malone Center, will discuss the Malone Health & Healing program which focuses on expanding the overall wellbeing of the community by promoting generational growth in a collaborative and empowering environment. This event is FREE and open to the public. Light refreshments will be provided. Registration is not required to attend. We hope to see you there!
- **EDPS CoPsych and SchPsych 2023-2024 pre-doctoral interns.** We are excited to announce the APPIC Cynthia Belar Scholarship program for 2022-23. If you are a student who submitted at least one internship application in either Phase I or II of the current (2022-23) APPIC internship Match cycle, please read the information below to learn more about the APPIC CYNTHIA BELAR INTERNSHIP APPLICANT SCHOLARSHIP (ACBIAS). This year, we have doubled the ACBIAS budget to \$40,000 and consequently, the number of applicants to whom we can offer \$200 scholarships.
  - **PURPOSE:** The purpose of the APPIC Cynthia Belar Internship Applicant Scholarship Program (ACBIAS) is to facilitate access to quality doctoral internship training in Health Service Psychology for students facing financial challenges. Among Dr. Belar's extensive and multi-faceted contributions to the field of psychology, she served as the first female chair of APPIC from 1984-1985.
  - **AWARD:** One \$200 American Express (AMEX) gift card to help defray internship-related costs. A total of \$40,000 dollars in \$200 AMEX gift cards will be distributed.

# ANNOUNCEMENTS

- **ELIGIBILITY**
  - Students who have financial hardship as a consequence of attending graduate school and who have submitted at least one complete internship application (AAPI) during Phase I or Phase II of the current internship application cycle (2022-23) through AAPI CAS are eligible for consideration.
  - Financial hardship can be demonstrated either by: a. an accrual of at least \$30,000 in debt as a consequence of attending graduate school OR b. for students in unique situations in which accessing loans has not been possible, such as for some international students, a 100–300-word statement about their financial challenges associated with attending graduate school.
  - ACBIAS applications must be received by March 31, 2023 (11:59EST).
  - Incomplete and/or duplicate ACBIAS applications will not be considered.
- **SELECTION AND NOTIFICATION**
  - ACBIAS applications will be screened for eligibility.
  - Eligible ACBIAS applications will be randomly selected.
  - ACBIAS applicants will be notified about their award status by April 30, 2023.
- **CONFIDENTIALITY**
  - Please note that although students must have submitted at least one internship application this cycle to be eligible for consideration, the scholarship application will not be linked to students' AAPIs. Moreover, scholarship application information will be kept confidential within the APPIC Belar Scholarship Selection Committee.
- **HOW TO APPLY**
  - Submit your ACBIAS application using this link by March 31, 2023 (11:59 EST):
  - [APPLY HERE! 2022-23 APPIC Cynthia Belar Scholarship](#)
- **EDPS Graduate Students and Faculty:** FREE training sessions from APA in methodological and statistical approaches in psychological science! Fun fact: the April 25th session will be led by one of our former QQPM graduates: Dr. Craig Enders! See below to register:
  - <https://www.apa.org/science/programs/training-sessions>

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## NEWS

- **CONGRATULATIONS** to Dr. Ken Kiewra (DLS) for being awarded a John E. Weaver Professorship, starting in August 2023. This professorship recognizes faculty members with the rank of full professor who “demonstrate sustained and extraordinary levels of teaching excellence and national visibility for instructional activities and/or practice.” Please congratulate Ken when you see him in TEAC!
- **EDPS Faculty:** The NASP Grad Ed Committee’s Subcommittee on faculty retention, recruitment, and support is hosting a virtual book discussion for the book *Unraveling Faculty Burnout*, by Dr. Rebecca Pope-Ruark. This discussion, co-led by Dr. Bryn Harris and Dr. Iryna Kasi, will be held on Thursday, April 6 and Thursday April 27th at 12:00 EST for one hour. Participants in this discussion will have reflective, small group discussions on topics within the book such as what is burnout and how to recognize it in our work and personal lives, establishing an academic identity, creating a purpose, and strategies for self-care. We recommend that participants read the book prior to participating, although this is not required. If you are interested in registering, please do so at this link by March 31st.



# DIVERSITY, EQUITY, AND INCLUSION

- **EDPS Faculty, and Graduate Teaching Assistants:** Register for Promoting Gender Equity in the Classroom set for March 23
  - More information [here](#).
- **EDPS Faculty and Graduate Teaching Assistants:** Register for the Inclusive Teaching workshop.
  - Register [here](#).
- **Celebrating Women's History Month** with Guest Speaker Tara Ballard (Author and UNL Professor)
  - Mar. 31, 2023 from 1:00pm - 2:00pm in the College of Business - Howard L. Hawks Hall Room: 102 (DIGS)
  - Register to participate at: <https://forms.gle/G3Tf7WfLMuv16vC16>

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## Upcoming birthdays

Hali Santiago - March 27

Caroline Spitz - March 28



Please let Edith know if you would like your birthday listed in "Weekly Wednesday!"

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## CLINIC CORNER

- **CSPC Student-Clinicians and Supervising Psychologists:** My name is Hannah Smith and I am the Director of Academy with National Safe Schools Convening, an organization that prioritizes improving school climate and culture through professional development opportunities for K-12 and university educators. On March 27, 2023, we are hosting a conference in Omaha called Transforming Trauma: Demystifying Mental Health. This conference is intended to be an opportunity for educators and youth-serving individuals to develop a deeper understanding regarding the range of lived experiences our students may bring to our classrooms, and how we can best support our whole students.
    - Link to register: <https://bit.ly/TTOmaha>
  - **Save the Date!** NPA Spring Conference: "Transgender Psychological Evaluations and Gender-Affirming Care" on April 14, 2023.
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SUSAN SWEARER, PH.D., LP  
CHAIR

DEPARTMENT OF EDUCATIONAL PSYCHOLOGY  
UNIVERSITY OF NEBRASKA - LINCOLN



UPCOMING OFFICE HOURS (TEAC 114B OR ZOOM.)

WEDNESDAY, MARCH 22: 11:00AM - 12:00PM (ZOOM)

THURSDAY, MARCH 23: 2:00PM - 3:00PM

FRIDAY, MARCH 24: 10:30AM - 11:30AM

MONDAY, MARCH 27: 12:30PM - 1:30PM

TUESDAY MARCH 28: 1:00PM - 2:00PM

# WEEKLY WEDNESDAY

## *Department of Educational Psychology Newsletter*

We acknowledge Arapaho, Tsististas & Suhtai (Cheyenne), and Kaw Peoples, as well as the relocated Ho-Chunk, Iowa, and Sac and Fox Peoples, upon whose homelands now reside the campuses and programs of the University of Nebraska, a land-grant institution. Let us recognize the legacies of violence, displacement, and survival that bring us here today.

In this newsletter, you will find announcements, news, and resources from the Educational Psychology Department to help keep you engaged and informed! Be sure to check follow us on Twitter @UNL\_EDPS for additional updates. If you would like an announcement posted to the newsletter, please email your information to Edith at: [erezamartinez2@unl.edu](mailto:erezamartinez2@unl.edu).

- **Read about Ken Kiewra's (DLS) project on "The Wisdom Years:"** The Wonder Years can be great, sure: first loves, long summers, panoramic dreams exclusive to those with a lifetime of runway. The Working Years, too: established identity, new family and old friends, freedom to pursue personal goals and professional satisfaction.
  - The University of Nebraska–Lincoln's Ken Kiewra just doesn't want you to forget about the Wisdom Years. They got the name from famed psychologist Erik Erikson, who roughly defined them as starting at age 65, often considered a mile-marker of retirement in the United States. But whereas Erikson saw the Wisdom Years as bathed in twilight — a period for reflection on a life lived, one ready to be filtered through a lens of regret or fulfillment — Kiewra and others have come to perceive those years less as the end of the road, more as an on-ramp to others.
  - Kiewra, a professor of educational psychology, has spent much of his career studying the cultivation of talent and the productivity of those who possess it. It was while teaching a course on creativity and talent development that Kiewra and two of his students, Jessica Walsh and Chris Labenz, first considered exploring the Wisdom Years via a series of interviews with people making the very most of them. With support from the university's Center for Transformative Teaching, they would do just that.
  - Read the rest of the article [here](#).

### HERE'S WHAT'S UP!

#### 1 - ANNOUNCEMENTS

#### 2 - NEWS

#### 3 - DIVERSITY, EQUITY, AND INCLUSION

#### 4 - CLINIC & RESEARCH CORNER

# ANNOUNCEMENTS

- **EDPS Faculty, Staff, and Students:** Student Research Days is this week. We encourage you to come and support graduate students. Students will be presenting March 29 from 3-5 pm in the City Campus Union -Centennial Room.
- **EDPS Faculty, Staff, and Students:** Save the date: Spring 2023 Methodology Application Series on Friday, March 31, 2023 from 11:30am-1:00pm. This is a virtual presentation and is open to the public. For more information [click here](#).
- **EDPS Graduate Students:** The Student Development Committee of the Society of Clinical Child and Adolescent Psychology is pleased to invite applications for our annual Student Achievement Awards in Research and the Graduate Student Achievement Award in Clinical Practice. Submission deadline: April 1st.. Awardees will receive \$1000 each. Awardees will also be recognized on the SCCAP website as well as in the SCCAP newsletter with a picture and summary spotlighting their work. See attached flier for more information
- **EDPS Graduate Students:** The week of April 2nd-7th is Graduate Student Appreciation Week! Throughout the week, there are featured free events for graduate students to partake in. These include:
  - Tuesday - Ice cream with the Dean, East Campus (3-5pm)
    - Chat with the Dean and enjoy ice cream at the East Campus Dairy Store!
  - Wednesday - Lunch at Cather East Campus Dining Hall (11am-1pm)
    - Enjoy a free lunch at this dining hall
  - Thursday - Donuts with the Dean, Graduate Studies (9:30-11:30am)
  - Friday - Job Document Review (9am-12pm)
    - Have job documents (e.g., CV's, resumes) reviewed by Graduate Studies and Career Service professionals
- **EDPS Graduate Students:** Consider enrolling for EDPS 855: Teaching Learners to Learn during the first five week summer session from May 30 - June 30.
  - For more information see flier attached.
  - If you have any questions, do not hesitate to reach out to Ken Kiewra, [kkiewra1@unl.edu](mailto:kkiewra1@unl.edu)
- **EDPS Graduate Students: Summer job opportunity with MERC!**
  - We are getting ready for the summer season! The Methodology and Evaluation Research Core Facility (MERC) is seeking undergraduate student workers and graduate student interns for the 2023 summer. All positions are hourly, with somewhat flexible scheduling, and variable job duties. There are separate ads on Handshake for both.
  - The graduate intern tasks depend on the position and assigned project(s), but will focus on one of three areas: 1) public health systems, 2) student-centered active learning, or 3) the measurement of gender in surveys. The Handshake ad (#7642054) closes on 3/28/2022, but applications will be accepted until all positions are filled. This position pays \$18 an hour, and a desired availability of at least 20 hours a week. To apply, please send your CV or resume to [jenn.rutt@unl.edu](mailto:jenn.rutt@unl.edu).

# NEWS

- **Congratulations** to Dr. Matt Gormley (SchPsych) who was promoted to Associate Professor with tenure! Please congratulate Matt when you see him.
- **Congratulations** to Dr. Katie Edwards (CoPsych) who was promoted to the rank of Full Professor! Please congratulate Katie when you see her!
- **The Nebraska Department of Education (NDE)** contracted with Dr. Jessica Jonson and Dr. Kurt Geisinger from the Buros Center for Testing to conduct an independent review of the validity evidence for Nebraska Student-Centered Assessment System (NSCAS) Growth. The purpose of the review was to recommend whether scores from the thorough year administration of the test should be used for accountability and growth decisions. NSCAS Growth is a statewide K-12 assessment system that involves two tests (English Language Arts and Mathematics) administered three times (Fall, Winter, and Spring) during the school year to provide educators and decision-makers at all levels (state, district, school, classroom) with the insights necessary to support student learning and for statewide reporting to the U.S. Department of Education.

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## DIVERSITY, EQUITY, AND INCLUSION

- **EDPS Faculty, Staff, and Students:** Check out the new APA/Sesame Street partnership to teach kids about race and racial justice: Sesame Street and APA: [How to Integrate Racial Justice into Your Work with Children - YouTube](#)
- **EDPS Faculty, Staff, and Students:** Celebrating Women's History Month with Guest Speaker: Tara Ballard (Author & UNL Professor)
  - Date: Mar. 31, 2023, Time: 1:00 pm–2:00 pm
  - College of Business - Howard L. Hawks Hall Room: 102 (DIGS)
  - In celebration of Women's History Month, the Diversity & Inclusion Gathering Space (DIGS) is hosting special guest Tara Ballard, a UNL professor and a PhD student, studying poetry with an emphasis on gender. She is an Alaskan native and has lived throughout the Middle East and western Africa, teaching English. Her book - House of the Night Watch - won the 2019 Nazim Hikmet Poetry Prize and her vast catalogue has been published in the New York Quarterly, North American Review, Poetry Northwest, and other literary publications. Ballard will be discussing the history and implications of gender in poetry.
  - Register to participate at: <https://forms.gle/G3Tf7WfLMuv16vC16>

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## Upcoming birthdays

**Easton Klink** - March 27

**Melanie Willis** - April 1

**Neeta Kantamneni** - April 4



Please let Edith know if you would like your birthday listed in "Weekly Wednesday!"



- **Helping your children manage distress in the aftermath of a shooting - Article [here](#).**
- **Resources** for supporting trans, non-binary, and gender queer students and co-workers: <https://outnebraska.org/transgender/>
- **CSPC Student-Clinicians and Supervising Psychologists:** Consider attending this upcoming training on working with children and youth in mental health practice: To register click [here](#).
- **Save the Date!** NPA Spring Conference: "Transgender Psychological Evaluations and Gender-Affirming Care" on April 14, 2023.
- **CSPC Student-Clinicians and Supervising Psychologists:** Consider attending the workshop for [Supporting the Health and Well-Being of Gender Diverse Youth](#). The National Academies Forum for Children’s Well-Being will host a one-day public workshop to explore the health and well-being of gender diverse youth. It will examine how this growing population is currently faring and will feature expert presentations and lived experience perspectives. Due to limited space, in-person attendance is by invitation only, however the workshop will be publicly webcast. The workshop will take place April 25, 2023, from 9:00am-5:00pm ET. Please see the registration link [here](#).
- **CSPC Student-Clinicians and Supervising Psychologists:** The United Nations has identified their next Psychology Day as Thurs April 27 11am-2pm EST. Please see attached for details and link to register (it is FREE). This year’s title is “Psychological Contributions to Global Peace, Conflict Resolution, and Equity”.

**March 2023 Happiness Calendar**

This month, nurture your relationships each day. Keep up with the latest on the science of connection, compassion, and happiness by subscribing to our newsletters.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Greater Good Science Center <small>ggsc.berkeley.edu greatergood.berkeley.edu</small>	 1 Listen to one of your favorite songs.	 2 To achieve your goals, anticipate obstacles you might encounter.	 3 Ask for what you need from others.	 4 Chat with a friend today.	 5 Reflect on your strengths and how they've shaped your life.	 6 Take our Science of Happiness at Work course.
7 Make small talk with a stranger.	8 Celebrate International Women's Day with resources for women's well-being.	9 Be curious about other people's lives.	10 Get out in nature to reset a bad day.	11 Enjoy moments of solitude.	12 Give to a cause that matters to you.	13 Write a to-do list for the day.
14 Speak out when you witness prejudice.	15 How grateful are you? Take our quiz to find out.	16 When you're stressed, focus on what you can control.	17 Try a Common Humanity Meditation to see how we're all connected.	18 Help young people get involved in real-world issues.	19 Rearrange your space to feel more joyful and connected.	20 Give your loved ones your full attention.
21 Take a break from technology at some point today.	22 Consider forgiving someone who hurt you.	23 Be open to changing your perspective in a conversation.	24 Listen to an inspiring music.	25 Stay connected to your culture.	26 Be sensitive to other people's suffering.	27 Pause and take a few deep, mindful breaths.
28 Look for bias embedded in larger systems, not just individuals.	29 Schedule meaningful activities in your day.	30 Consider what you can do about gun violence.	31 Remember happy moments with your family.			



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**WEDNESDAY, MARCH 29: 1:00PM - 2:00PM**  
**THURSDAY, MARCH 30: 1:00PM - 2:00PM**  
**FRIDAY, MARCH 31: 12:00PM - 1:00PM**  
**MONDAY, APRIL 3: 10:00AM - 11:00AM**  
**TUESDAY, APRIL 4: 1:00PM - 2:00PM**