

December 6, 2023

Volume 104

Weekly Wednesday

Department of Educational Psychology

What's Inside:

- 1) Top Stories
- 2) Announcements
- 3) News
- 4) Diversity, Equity, & Inclusion
- 5) Clinic Corner
- 6) The Week Ahead

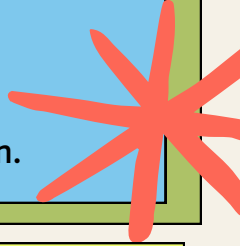


DOCTORAL STUDENTS



**Kelsey Sims is no longer with the university.
Please email your documents to
graduatedocuments@unl.edu**

All Masters paperwork should continue to be sent to Terri Eastin.



Sweater Weather Day



EDPS Super Swap

THURSDAY, DECEMBER 7TH

THE GSA COMMITTEE
INVITES YOU TO
PARTICIPATE IN A
DEPARTMENT-WIDE
SWEATER WEATHER DAY ON
THURSDAY, DECEMBER 7TH.

WEAR YOUR COOLEST,
COMFIEST, MOST AMAZING
SWEATER AND BASK IN THE
WARMTH AND COZINESS!

& WHILE YOU'RE AT IT...STOP BY THE
EDPS SUPER SWAP! WHO KNOWS WHAT
YOU'LL FIND? MAYBE A NEW-TO-YOU
SWEATER? SOUNDS FUN TO ME!



Donations will be accepted through
Wednesday, December 6th

LEARN MORE!

**[HTTPS://GO.UNL.EDU/
EDPSSUPERSWAP](https://go.unl.edu/EDPSSUPERSWAP)**

**10am-4pm
Carolyn Pope Edwards Hall 161**





FALL 2023 METHODOLOGY APPLICATIONS SERIES

The Nebraska Academy for Methodology, Analytics and Psychometrics invites you to the final presentation of the Fall 2023 Methodology Applications Series. Please join us on **Friday, Dec. 8**, when Carrie Clark, Ph.D., associate professor of educational psychology, and Amanda Prokasky, Ph.D., MAP Academy senior research specialist, lead a presentation titled, "Capturing Life in Motion: Leveraging Wearable Technology for Human Subjects Research."



Featuring Carrie Clark, Ph.D., associate professor of educational psychology, and Amanda Prokasky, Ph.D., MAP Academy senior research specialist

CLICK HERE TO LEARN MORE!

READ MORE >>

Friday, December 8th
Nebraska Union, Regency Suite
12:00-1:30pm CDT

This presentation is free and open to the public.

DLS STUDENTS!



We look forward to seeing you at our **End of Semester Event!** Food will be provided. Bring all of your ideas and creativity to build and decorate our gingerbread house for the **annual EDPS contest.**



Date: Friday, December 8th @ 2:30pm

Location: CPEH 125 (Carolyn Pope Edwards Hall)

DLS EOS Social Event!

JOIN US FOR DELICIOUS FOOD AND FUN ACTIVITIES!

LET'S CELEBRATE TOGETHER!



FRIDAY | DEC 8TH
@ 2:30 PM

CAROLYN POPE EDWARDS HALL (CPEH 125)!

EDPS 991: Bayesian Inference

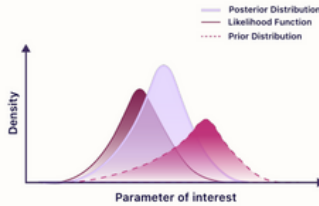
Spring 2024 - Tuesdays/Thursdays 3:30 - 4:45; HENZ 35
Register Under EDPS 991-002

EDPS 991: Bayesian Inference provides a comprehensive introduction to the theory, methods, and applications of the Bayesian approach to statistical inference and data analysis. Students will gain a deep understanding of the foundational concepts of Bayesian statistics and analysis, including prior distributions, likelihood functions, and posterior distributions. The course will cover Bayesian inference for standard statistical models (e.g., binomial, Poisson, and normal), computational algorithms for Bayesian analyses via Markov chain Monte Carlo (MCMC) algorithms (e.g., Gibbs and Metropolis-Hastings), hierarchical models, and Bayesian regression approaches. Emphasis will be placed on practical applications through hands-on exercises.

Students will use R and JAGS for analyses

Instructor Information

Jordan M. Wheeler
Assistant Professor of Quantitative and Psychometric Methods
Department of Educational Psychology
For more information or questions, please email jwheeler21@unl.edu



$$P(\theta|X) \propto P(X|\theta) \cdot P(\theta)$$

Posterior Likelihood Prior

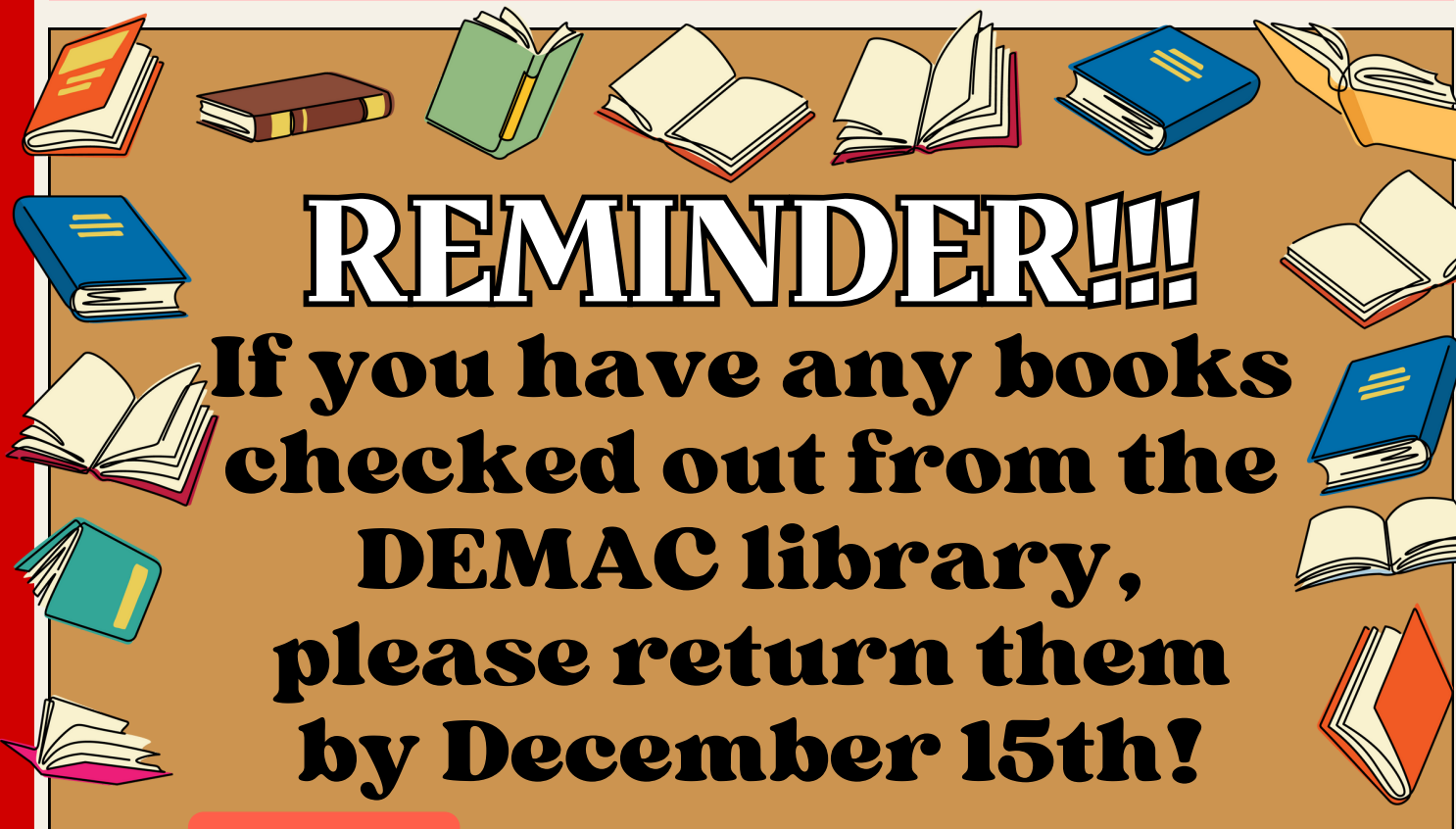
UNIVERSITY OF NEBRASKA-LINCOLN

DR. JORDAN WHEELER
WILL BE TEACHING
EDPS 991:
BAYESIAN INFERENCE
THIS UPCOMING SPRING
SEMESTER.

THE COURSE WILL BE OFFERED
ON TUESDAYS/THURSDAYS
FROM 3:30-4:45 IN HENZ 35

FOR MORE INFORMATION OR
QUESTIONS, PLEASE EMAIL
jwheeler21@unl.edu

SPRING 2024



REMINDER!!!

If you have any books
checked out from the
DEMAC library,
please return them
by **December 15th!**

❤️ 142 💬 37 👤 27



EDPS Graduate Students!

Here's an opportunity to be showcased on CEHS's social media and website! You'll have the opportunity to show the great work that you're doing AND you can share your information with friends and family.

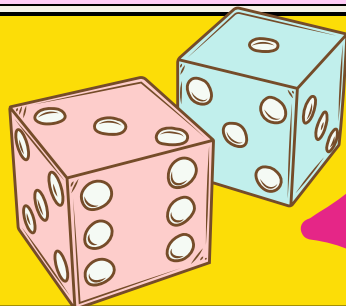
You'll be famous! For more information:
<https://cehs.unl.edu/cehs/submit-your-story/>

A Note from the Chancellor's Commission on the Status of Gender and Sexual Identities

The Chancellor's Commission on the Status of Gender and Sexual Identities (CCSGSI) is seeking new members from across the campus community (including both undergraduate and graduate students, staff, post docs, and faculty). The purpose of commission is to, "Enhance the status of LGBTQA+ identified people at the University of Nebraska-Lincoln". As such, we advise the Chancellor on issues facing our community and work to bring LGBTQA+ people together through programming events that create connectivity and a shared sense of belonging at UNL.

For more information about the commission or to apply to become a member, please visit <https://ccsgsi.unl.edu/>

If you have questions or would like additional information, please email CCSGSI at ccsgsi@unl.edu



DON'T FORGET! DEMAC IS HOSTING A GAME NIGHT THIS SUNDAY, DECEMBER 10TH FROM 12-4PM AT MANA GAMES

CLICK THE DICE TO RSVP!

ALL ARE WELCOME!!
PLEASE NOTE THAT THERE IS AN ENTRY FEE OF \$5.00 PER PERSON.

UPCOMING TRAINING

NCFDD Guest Expert Webinar
Supporting Academic Parents:
Recommended Policies and Practices



Presented by Cleopatra Abdou Kamperveen, PhD,
Founder & CSO, The Fertility and Pregnancy Institute

2-3pm ET
Tuesday, December 12

[REGISTER HERE](#)

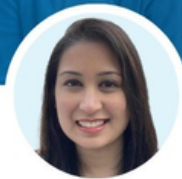
Free Virtual Parenting Workshop

Free Virtual Parenting Workshop

Understanding and Helping Your Teen Who Self Harms

THURSDAY, DECEMBER 21ST
2 PM - 3 PM EST

SPEAKER: MOHINI BHARGAVA, LCSW
Child & Adolescent Psychotherapist



Mohini Bhargava, LCSW, will describe the underlying reasons behind self-harm, how to identify the signs and symptoms, and effective communication techniques with teens, plus time for Q&A.

Participants will also learn concrete tools for healthy coping behaviors and problem-solving strategies to provide support for struggling teens.

We hope parents, caregivers and professionals can attend and find helpful information and guidance on this important topic.

[CLICK HERE TO REGISTER](#)

Call for Applications: Routh Dissertation Award

The Society of Clinical Child and Adolescent Psychology/APA Division 53 is committed to the development of its student members and we are proud to offer the Donald Routh Dissertation Grants. The Routh Dissertation Reimbursement Grant provides support for student research that shows promise to add significantly to the research literature in the area of clinical child and adolescent psychology. Annually, up to four students will receive reimbursement of \$2,500 for research purposes. The Award comes in the form of reimbursement for dissertation-related expenses. Two additional Honorable Mention Awards of \$100 each will also be granted.

ELIGIBILITY:

- the student's dissertation proposal must have been approved by their advisor and their program faculty at the time of submission of the application
- the applicant must be a student member of SCCAP and enrolled in an APA, PCSAS, and/or CPA approved doctoral program at the time of application

SUBMISSION DEADLINE:
JANUARY 13, 11:59pm ET

[CLICK HERE FOR THE ONLINE APPLICATION PORTAL](#)

APPLICATION REQUIREMENTS

- a completed online application
- please include in a single PDF:
 - a brief proposal describing the project's purpose, procedures, & proposed data analytics strategy (5-page max; double-spaced; references not included in page limit)
 - a copy of your CV
 - a budget describing how funds will be used (1-page max; double-spaced)
 - one recommendation letter from a supervising faculty member/mentor documenting their support for your research, your potential, and any existing resources available for your research. the recommendation letter may be included in the uploaded single PDF file or may be emailed separately to RouthAward@sccap53.org

The grant announcement will be made in May and will be sent via the SCCAP newsletter, listserv, and website, as well as at APA's Annual Convention.

Successful applicants are strongly encouraged to submit a poster based on their completed dissertation to a SCCAP sponsored conference or the APA convention.

In preparation for the seventh biennial CYFS Early Childhood Research Summit, we are soliciting research presentation and poster proposals from University of Nebraska faculty and graduate students.

CALL FOR PRESENTATIONS

FACULTY who are interested in presenting at the summit are invited to submit research proposals. Selected presentations will represent a range of early childhood issues and topics.

[CLICK HERE TO LEARN MORE ABOUT PRESENTATIONS](#)

Presentation and poster proposals are due on or before **FEBRUARY 19, 2024.**

Contact Sommer Fousek with any questions at

sfousek2@unl.edu

CALL FOR POSTERS

GRADUATE STUDENTS are invited to submit poster proposals for presentation at the summit, provided at least one faculty member serves as a co-author.

[CLICK HERE TO LEARN MORE ABOUT POSTERS](#)



December 2023
Happiness Calendar

This month, look for the light.

Keep up with the latest on the science of connection, compassion, and happiness by subscribing to our newsletters.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GGSC Greater Good Science Center ggsc.lincolny.edu greatergood.lincolny.edu						
1. Go to sleep as soon as you feel tired.	4. Look for the goodness and kindness all around you.	5. Go easy on yourself when you're struggling.	6. Imagine what your life would be like without a loved one.	7. Take a walk and savor the sights, sounds, and smells around you.	8. Speak up at work.	9. Meditate on what you're grateful for.
10. How mindful are you? Take our quiz to find out.	11. Do three kind things today.	12. Slow down and take time for yourself.	13. Make friends with people who are different from you.	14. Be your authentic self as you age.	15. Reflect on the ways you embody your values.	16. Write a note of gratitude to someone.
17. Find calm by watching your thoughts and feelings come and go.	18. See the goodness in yourself.	19. Find allies to help build a more equitable workplace.	20. Take our Science of Happiness course in 2024.	21. Break free from gender norms.	22. Journal about a recent moment of awe.	23. Reconnect with someone you lost touch with.
24. Take care of your mental health.	25. Sing.	26. Ask yourself: What can I learn from others?	27. Surround yourself with people you respect and admire.	28. Ponder your New Year's resolutions.	29. Read a good book.	30. Remember acts of kindness you gave and received.
31. Contribute to the greater good.						

DECEMBER HAPPINESS CALENDAR

CHOOSE HAPPY



Jules' Office Hours

Thursday 12/7: No Office Hours
 Friday 12/8: 12-1pm
 Monday 12/11: 2-3pm
 Tuesday 12/12: 2-3pm
 Wednesday 12/13: 3-4pm

Need to reserve a room? Visit <https://tinyurl.com/TEACRoomRes>

If you have something you would like posted in Weekly Wednesday, please email your request to Jules by 2pm on Tuesday.



Upcoming Office Hours

- Thursday 12/7: By Appointment Only
please email Sue to set up an appointment
- Friday 12/8: 2-3pm
- Monday 12/11: 12-1pm
- Tuesday 12/12: 3:30-4:30pm
- Wednesday 12/13: 2-3pm

Susan Swearer, Ph.D., LP
 Chairperson
 Department of Educational Psychology
 University of Nebraska-Lincoln



December 13, 2023

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happy finals week, y'all!!

best of luck to everyone as you wrap up your exams and projects for the semester!

you're gonna do great!



We're almost there! A much needed break is right around the corner. The staff & faculty wish you the best as you wrap up your studies for the semester, and wish all of our graduating students nothing but happiness and success in all of your pursuits!



UNL HOLIDAY CLOSEDOWN SCHEDULE

UNL will be closed from Friday, December 22nd through Monday, January 1. All offices will reopen on January 2, 2024. All UNL operations will be closed and campus will be shut down. Classes resume Monday, January 22, 2024.

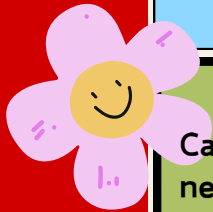
Have a safe and happy break, everyone!

A Little Note From Jules

Can you believe this is the final Weekly Wednesday of 2023? Since I took over writing this newsletter at the start of the school year, I've learned so many things. Much like many of you, my first day with the department was the Friday before classes began. What a whirlwind! I wanted to take a moment to thank each and every one of you for welcoming me into this department with warmth, encouragement, and excitement. It is an honor to be here! Thank you to everyone who has extended an act of kindness towards me. I've been so encouraged, particularly in response to the Super Swap, and specifically regarding the Weekly Wednesday. It warms my heart to hear so many of you express your enjoyment in reading this newsletter. It was a bit of a nerve-wracking takeover, if I'm being honest. This is unlike anything I've ever done on a consistent basis, and to have responses every week to the newsletter has truly blown me away. From the bottom of my heart, thank you. For everything! I am so happy to be here, sitting in my office chair, writing this newsletter for you. I love chatting with you, learning with you, and working with you. May the coming days, weeks, months, and years bring you joy in the most unexpected ways. Stay safe, and be well.

-JULES

Traveling over the break? Take pictures, please! We would love to feature photos from our students' experiences over the break. Sunsets, pet pictures, traditions, etc. We'd love to see them! Please send your photos to Jules via email.



INTERNATIONAL TRAVEL APPLICATIONS



Applications are due by January 15, 2024. Please email your completed application to Melanie Kellog (mkellog1@unl.edu). Awards will be a maximum of \$1000 and can be for any international course or experience in 2024. Applications that already have a destination identified and can provide the appropriate documentation may get preference.



For more information about travel awards or to fill out an application, please visit our website: <https://cehs.unl.edu/edpsych/educational-psychology-travel-application/>

Traveling within the USA?

EDPS offers Student Conference Travel Awards!

Graduate students in the Department of Educational Psychology may be reimbursed up to \$250 per year for travel to a professional conference.

You can also apply your travel funds to printing posters at the Pixel Lab!

APPLICATIONS FOR EDPS TRAVEL AWARDS ARE DUE BY DECEMBER 15

CHECK IT OUT!

Dr. Jordan Wheeler will be teaching **EDPS 991: Bayesian Inference** this upcoming spring semester.

The course will be offered on **Tuesdays & Thursdays** from **3:30-4:45** in **HENZ 35**

For more information or with any questions about the course, contact Jordan at jwheeler21@unl.edu

EDPS 991: Bayesian Inference

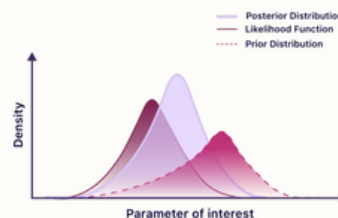
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Posterior Likelihood Prior

UNIVERSITY OF NEBRASKA-LINCOLN

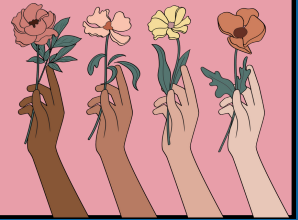
SPRING 2024

Announcements

STUDENT RESOURCES

This year, the LGBTQA+ Center and the Women's Center were merged into a single unit: the Gender and Sexuality Center. They are located on the 3rd floor of the Nebraska Union.

WEBSITE: <https://gsc.unl.edu/>



The Gender & Sexuality Center provides services such as free menstrual products, safer sex kits, and pregnancy tests. Additionally, the center offers the following:

Lavender Closet

The Lavender Closet provides free and discreet access to gender-affirming clothing for UNL personnel with a valid nCard.



Want to donate to the Lavender Closet? More information, including a list of donations they are currently accepting, can be found on their website: <https://gsc.unl.edu/donating-lavender-closet>

Any member of the UNL community can request recorded or in-person presentations for their classrooms or meetings.

Current presentation topics include:

- LGBTQA+ 101 • Sexual Health
- Pronouns 101 • Men & Masculinity

Classroom Presentations

Please see this link for more information about requesting presentations: <https://gsc.unl.edu/presentations>

Students with Children

The center is working to increase support available to students who have children. The center provides programming and resources for parenting students of all genders.

More information about the Students with Children (SWC) program can be found on this webpage: <https://students-with-children.unl.edu/>

Additional resources can be found here:
<https://cehs.unl.edu/edpsych/student-resources/>

Our department is working to identify additional areas of student support available across campus. If you have any information you would like to share or potentially feature, please email Jules with a direct link to the information.

A Note from the Chancellor's Commission on the Status of Gender and Sexual Identities

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For more information about the commission or to apply to become a member, please visit <https://ccsgsi.unl.edu/>

If you have questions or would like additional information, please email CCSGSI at ccsgsi@unl.edu

Greater Good Resources for Thriving Over the Holidays



The winter months and holiday season can be hard for many people. Greater Good has created an article with tips for how to thrive during these winter & holiday months: <https://go.unl.edu/thriving-over-holidays>

Struggling to set boundaries? Not sure where to begin?

Check out this article from Greater Good Magazine:
<https://go.unl.edu/set-boundaries>



January 2024

MILESTONE INFORMATION PRESENTATION



PRESENTED BY DR. EVA BACHMAN
DIRECTOR OF GRADUATE STUDENT
SUPPORT AND ASSOCIATE REGISTRAR

JAN. 24, 2024 | 12:00 PM-1:00 PM | ZOOM

**CLICK
HERE
TO
REGISTER**

Dr. Eva Bachman, Director of Graduate Student Support & Associate Registrar, will host a milestones presentation on Wednesday, January 24 from 12-1pm on Zoom.

This presentation will discuss the major milestones on the journey for masters and doctoral students as well as other important information such as paperwork submission. Because it is open to both levels of students, the presentation will first address masters students and then doctoral followed by a combined brief section on thesis/dissertation tasks and expectations.

ADDITIONAL INFORMATION ON GRADUATE STUDENT MILESTONES CAN BE FOUND HERE:

<https://graduate.unl.edu/academics/program-steps>

December 2023 Happiness Calendar

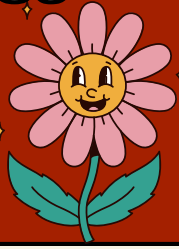
This month, look for the light.

Keep up with the latest on the science of connection, compassion, and happiness by subscribing to our newsletters.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																									
 <p>Greater Good Science Center ggsc.lincolny.edu greatergoodberkeley.edu</p>			 <p>1. Go to sleep as soon as you feel tired.</p>	 <p>4. Look for the goodness and kindness all around you.</p>	 <p>5. Go easy on yourself when you're struggling.</p>	 <p>6. Imagine what your life would be like without a loved one.</p>	 <p>10. How mindful are you? Take our quiz to find out.</p>	 <p>11. Do three kind things today.</p>	 <p>12. Slow down and take time for yourself.</p>	 <p>13. Make friends with people who are different from you.</p>	 <p>17. Find calm by watching your thoughts and feelings come and go.</p>	 <p>18. See the goodness in yourself.</p>	 <p>19. Find allies to help build a more equitable workplace.</p>	 <p>20. Take our Science of Happiness course in 2024.</p>	 <p>24. Take care of your mental health.</p>	 <p>25. Sing.</p>	 <p>26. Ask yourself: What can I learn from others?</p>	 <p>27. Surround yourself with people you respect and admire.</p>	 <p>31. Contribute to the greater good.</p>	 <p>21. Break free from gender norms.</p>	 <p>22. Journal about a recent moment of awe.</p>	 <p>23. Reconnect with someone you lost touch with.</p>	 <p>7. Take a walk and savor the sights, sounds, and smells around you.</p>	 <p>8. Speak up at work.</p>	 <p>9. Meditate on what you're grateful for.</p>	 <p>3. Give the Greater Good Toolkit as a gift.</p>	 <p>14. Be your authentic self as you age.</p>	 <p>15. Reflect on the ways you embody your values.</p>	 <p>16. Write a note of gratitude to someone.</p>	 <p>29. Read a good book.</p>	 <p>30. Remember acts of kindness you gave and received.</p>

DECEMBER HAPPINESS CALENDAR

CHOOSE HAPPY



The Week Ahead



Jules' Office Hours

Thursday 12/14: No Office Hours
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 Tuesday 12/19: 2-3pm
 Wednesday 12/20: 12-1pm

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Upcoming Office Hours

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- Monday 12/18: 1-2pm
- Tuesday 12/19: 11am-12pm
- Wednesday 12/20: 11am-12pm

Susan Swearer, Ph.D., LP
 Chairperson
 Department of Educational Psychology
 University of Nebraska-Lincoln

