

## Overview of Delta 8

Delta-8 THC is a psychoactive substance found in the *Cannabis sativa* plant, of which marijuana and hemp are two varieties.

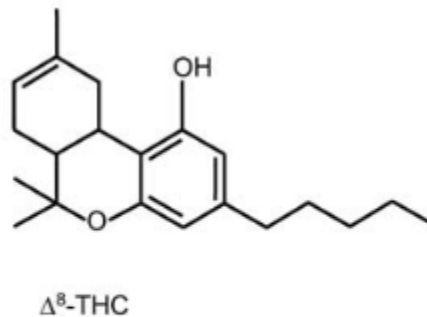
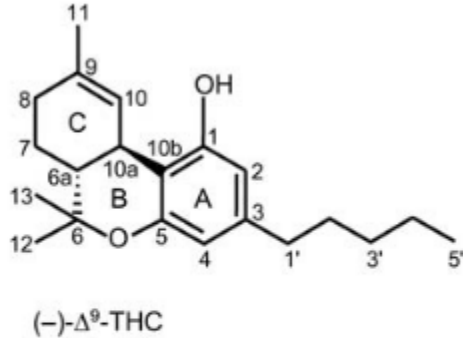
When we traditionally are thinking of marijuana/cannabis, the psychoactive substance in that is Delta-8 THC.

Delta 8 is a naturally occurring compound in the cannabis sativa plant but the plant contains only trace amounts of Delta 8. Because of this, delta-8 goes through a manufacturing process to make it highly concentrated and capable of producing a high.

### How is Delta 8 legal?

- The 2018 Farm Bill made it legal to farm hemp containing no more than 0.3% THC
- As a result, CBD and other cannabinoid derivatives were effectively legalized through legal loopholes
- Previously, federal law did not differentiate between hemp and other cannabis plants containing THC - this effectively made hemp

### Delta 9 vs Delta 8 molecular structure:



## Delta-9-THC

## Delta-8-THC

### There are many challenges related to Delta 8:

- Little research has been conducted on the substance
- There is little regulation for manufacturers and retailers
- Policy and legislation have not caught up to Delta 8

**Policy at a private institution (Creighton University):**

**Use and Possession of Mind-Altering Substances:** It is a violation to use or possess mind altering substances that may be intended to create a hallucinogenic affect, as such substances represent a potential risk to the health and safety of students. Anyone found to use or possess hallucinogenic substances not otherwise covered by this policy will be reported and referred to Community Standards and Student Conduct for discipline.

There is currently no policy in place to address Delta-8 at University of Nebraska-Lincoln.

**Notes**

Policy

Enforcement

Education

**References:**

<https://www.fda.gov/consumers/consumer-updates/5-things-know-about-delta-8-tetrahydrocannabinol-delta-8-thc>