

# Clinical Psychology Training Program Annual Update

*Congratulations*

The Clinical Psychology Training Program accepted nine outstanding students into the 2021-22 incoming class.

- Alexa Barrett – Western Carolina University
- Erika Boohar – University of Nebraska-Lincoln
- Lillian Bopp – Fordham University
- Patrick Duryea – Providence College
- Brittany Erskine – Western Michigan University
- Rasmus Grydehoj – Fairleigh Dickinson University
- Rachel Martin – University College London
- Nikola Vehabovic – Teachers College, Columbia University
- Christopher Waller – Southern Illinois University

**100% of students applying for internship matched in 2021!**

- Hanna Grandgenett – Nebraska Internship Consortium, UNMC Munroe Meyer, Omaha, NE
- James Kyle Haws – Denver Health Medical Center, Denver, CO
- Joseph Kennedy – Cheyenne VA Health Care System, Loveland, CO
- Chelsea Kozikowski – Nebraska Internship Consortium, UNMC Munroe Meyer, Omaha, NE
- Timothy Little – Oklahoma University Health Sciences Center, Oklahoma City, OK
- Kelsey McCoy – Charleston Consortium Internship, Medical University of South Carolina, Charleston, SC
- Katie Meidlinger – Nebraska Internship Consortium, UNL CAPS, Lincoln, NE
- Jessica Stinson – South Texas VA Health Care System, San Antonio, TX

**Congratulations to our students starting their first jobs after internship!**

- Sarah Fischer – Postdoctoral Fellow in Psychosocial Rehabilitation and Recovery (PSR), Durham VA Healthcare System, Durham, NC
- Natalie Holt – Postdoctoral Fellow, Tennessee Valley VA Healthcare System - Vanderbilt University Medical Center, Nashville, TN
- Kyle Siddoway – Postdoctoral Fellow, Northwest Forensic Institute in Portland, OR
- Jessie Tibbs – Postdoctoral Resident in Neuropsychology, Oklahoma University Health Sciences Center, Oklahoma City, OK

**Good Luck to This Year's Outgoing Interns!**



Departing guests of honor at the Annual Bon Voyage Party. (L to R): Kelsey McCoy, Katie Meidlinger, Kyle Haws, Chelsea Kozikowski, Hanna Grandgenett, Timothy Little

## Spotlight on Trans Collaborations!

Trans Collaborations is an academic-community partnership focused on reducing health and mental health disparities for individuals who identify as transgender or gender diverse (TGD) in underserved areas. Founded six years ago by CPTP faculty member Deb Hope, Richard Morcarski (University of Nebraska-Kearney) and community leader Nathan Woodruff, Trans Collaborations involves a true partnership with TGD communities who collaboratively set the research agenda and interpret findings through our local community board. Recent studies include two analyses of affirming practices portrayed on the websites for gender therapists, a systematic review of evidence-based practice in the clinical literature, and reviews and psychometric studies of self-report measures. The team has developed a progress monitoring tool for psychological services called the Trans Collaborations Clinical Check-In (TC<sup>3</sup>) and forthcoming principles of affirming psychological services. All papers and the TC<sup>3</sup> are available for download on our website [go.unl.edu/transcollaborations](http://go.unl.edu/transcollaborations). Our community board developed Camp BOLD, a sleep-away camp experience for transgender youth and their families, now in its third year. To find out more about how you can support Camp BOLD, see the website above.



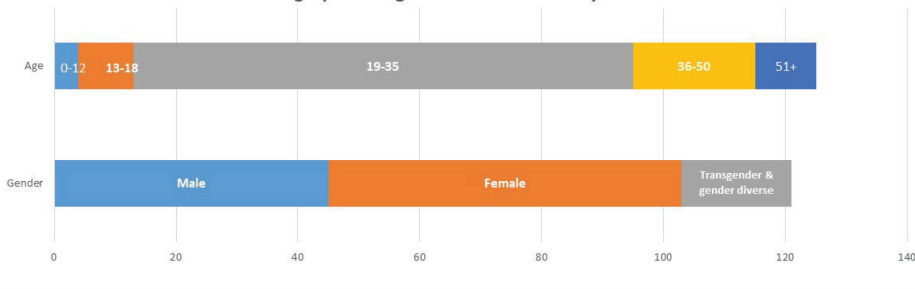
# Clinical Psychology Training Program: Annual Update

## Psychological Consultation Center (PCC)

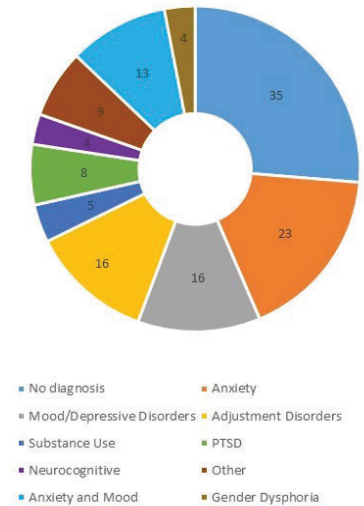
<https://psychology.unl.edu/pcc/home>

- During the 2020 fiscal year, the PCC served 124 clients who were seen for an average of 12 sessions. The PCC also provided 8 comprehensive evaluations during this period.
- Over half of clients utilized the sliding scale fees at the PCC, paying as little as five dollars per session.
- Although the PCC does service UNL students, 80% of PCC clients are from the larger community of southeastern Nebraska.
- Most referrals to the PCC came from word of mouth, Internet searches, local agencies, and the UNL Health Center.
- In addition to general services offered by the PCC, there are five specialty clinics housed within the clinic: the Family Interaction Skills Clinic (FISC), Rainbow Clinic, Substance Abuse Clinic (SAC), Telehealth Clinic, and Trauma Recovery Clinic (TRC). More information can be found at <https://psychology.unl.edu/pcc/specialty-clinics>

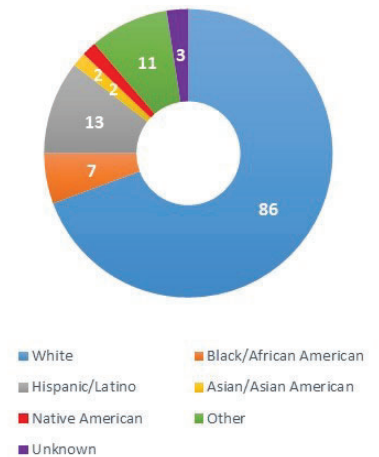
Demographics - Age and Gender Identity



Diagnosis



Race/Ethnicity



## Speakers and Webinars hosted by the PCC and CPTP:

- "A Brief Introduction to Addressing Sexual Wellbeing in Therapy and Assessment: Trust me, it's way less awkward than you think" by Dr. Tierney Lorenz
- Internship Panel hosted by outgoing interns: Kyle Siddoway, Natalie Holt, Jessie Tibbs, and Sarah Fisher
- Inclusive Excellence workshops for Clinical students and faculty by Dr. Monnica Williams

## PCC Response to COVID-19

Throughout the COVID-19 pandemic, the PCC has made modifications to increase safety and minimize the spread of COVID-19. As part of UNL's response to the COVID-19 pandemic, therapists have been seeing clients through remote sessions to ensure the safety of clients and therapists. Telehealth procedures were updated to ensure client confidentiality while therapists deliver services using Doxy.me for HIPAA-compliant telehealth sessions. As of July 2021, the PCC is gradually starting to open back up to in-person appointments. Thanks to all therapists and supervisors for their flexibility during this time!

# Clinical Psychology Training Program: **Annual Update**

## PRESENTATIONS

Clinical students have been actively involved in presenting research. We were represented at the following conferences this year:

- AAGL Global Congress on Minimally Invasive Gynecology Surgery
- American Psychological Association
- American Psychology-Law Society
- American Society of Criminology Conference
- Association for Behavioral and Cognitive Therapies
- Association for Women in Psychology
- American Psychology-Law Society
- Gender Equity Conference
- International Association of Forensic Mental Health Services
- International Marce Society for Perinatal Mental Health
- International Neuropsychological Society
- International Society for Autism Research
- International Society for the Study of Women's Sexual Health
- National Latinx Psychological Association
- National LGBTQ Health Conference
- Nebraska Symposium on Motivation
- Research Society on Alcoholism
- Rural Drug Addiction Research Center Annual Meeting
- Society for Research in Child Development
- Symposium on Substance Use Research

## PUBLICATIONS

Clinical students have published research articles in the following journals this past year:

- Archives of Sexual Behavior
- Behavior Therapist
- Canadian Journal of Human Sexuality
- Children & Youth Services Review
- Clinical Psychology: Science and Practice
- Cognitive and Behavioral Practice
- Diabetes Research and Clinical Practice
- Family Process
- International Journal of Transgender Health
- Journal of Clinical Psychology
- Journal of Interpersonal Violence
- Journal of Pediatric Psychology
- Journal of Psychopathology and Behavioral Assessment
- Journal of Rural Mental Health
- Journal of Sexual Aggression
- Preventive Medicine
- Psychology of Addictive Behaviors
- Psychology of Violence
- Violence Against Women
- Women & Therapy

Clinical students gain experience in community placements, including these educational partnerships:

- Early Head Start/Head Start
- HIV Telehealth
- Integrated Behavioral Health Services
- Lincoln Regional Center (Whitehall, Adult Sex Offender Services, Forensic)
- Madonna Rehabilitation Hospital (Traumatic Brain Injury and the Alexis Verzal Children's Rehabilitation Hospital)
- Nebraska State Penitentiary
- OneWorld
- Project SAFE
- State Probation Specialized Substance Abuse Supervision Unit
- University of Nebraska-Medical Center (Child Psychiatry, Neuropsychology, Serious Mental Illness)
- Uta Halee Academy



### Many Impacted by the CPTP

Over the past year, students provided clinical services that touched the lives of

***1,131 individuals***  
throughout Southeast Nebraska  
and beyond.

#### Stay connected!

CPTP Alumni: If you would like to be included on our CPTP Alumni listserv, please e-mail Jamie Longwell, [jlongwell1@unl.edu](mailto:jlongwell1@unl.edu). Find us online at <https://psychology.unl.edu/clinical-psychology-training-program>

