

Clinical Psychology Training Program Annual Update

Congratulations

The Clinical Psychology Training Program accepted nine outstanding students into the 2021-21 incoming class.

- Katherine Bogen – Clark University
- Heather Bouchard – University of Florida
- Haley Church – University of California
- Adam Cotton – Emory University
- Vanessa Dominguez – University of Florida
- Harper Jones – College of Wooster
- Gina May – San Diego State University
- Saira Sarwar – University of Houston
- Sage Volk – University of Nebraska-Lincoln
- Michael Walsh – University of California

100% of students applying for internship matched in 2020!

- Sarah Fischer – VA Maryland HCS/University of Maryland School of Medicine (VA Serious Mental Illness), Baltimore, MD
- Natalie Holt – Medical College of Georgia/Norwood VA Med Center (HIV & LGBTQ Health Disparities Track), Augusta, GA
- Kyle Siddoway – Oregon State Hospital Psychology Internship Program (OSH-PIP), Salem, OR
- Jessie Tibbs – Oklahoma University Health Science Center-OK City VA Consortium (Neuropsychology), Oklahoma City, OK

Congratulations to our students starting their first jobs after internship!

- Brittany Biles – Postdoctoral Fellow, University of Florida, Gainesville, FL
- Taylor English – Psychology Resident, Trauma Recovery Service, Oklahoma City VA Health Care System, Oklahoma City, OK
- Jessica Semmann – Staff, Psychologist, Phoenix VA Health Care System, Phoenix, AZ
- Kate Theimer – Postdoctoral Resident, Oklahoma University Health Sciences Center, Oklahoma City, OK

Good Luck to This Year's Outgoing Interns!



Departing guests of honor at the Annual Bon Voyage Party. (L to R): Kyle Siddoway, Natalie Holt, Jessie Tibbs, Sarah Fisher

New Faculty Spotlight!

Dr. Anna Jaffe will be joining the clinical faculty in August. Most recently, Dr. Jaffe was an Acting Assistant Professor in the Department of Psychiatry and Behavioral Sciences at the University of Washington, where she also completed an NIAAA-funded postdoctoral fellowship. Dr. Jaffe completed her clinical internship at the Medical University of South Carolina, and earned her Ph.D. from the UNL CPTP. Her research interests lie at the intersection of traumatic stress and alcohol use research.

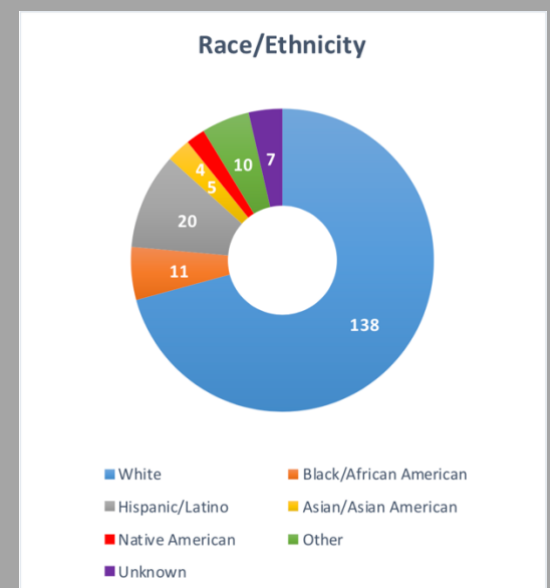
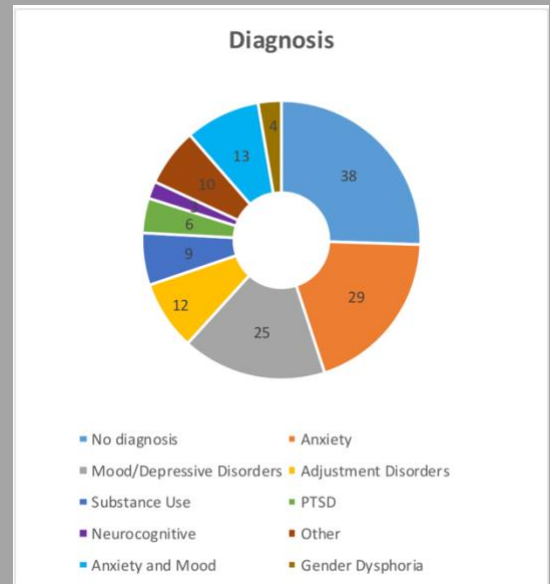
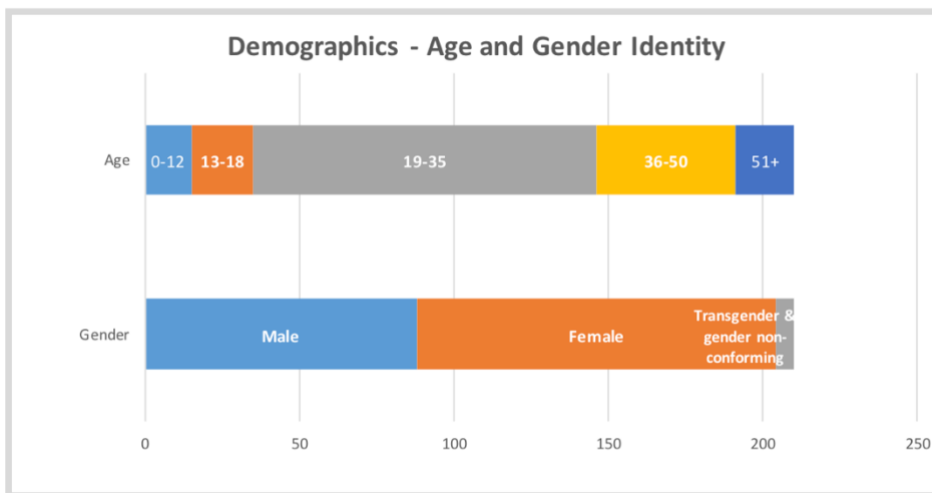
Specifically, Dr. Jaffe's research focuses on the prevention and treatment of sexual assault, posttraumatic stress, and co-occurring substance use, with an emphasis on unique implications for alcohol-involved sexual assault. By translating basic research on alcohol use and stress reactions, she seeks to design and improve clinical interventions that support survivors' recovery and reduce distress over time. Dr. Jaffe will be teaching quantitative methods and providing statistical consultation in the department.



Welcome Dr. Jaffe!

Clinical Psychology Training Program: Annual Update

- ❖ During the 2019 fiscal year, the Psychological Consultation Center (PCC) served 219 clients who were seen for an average of 9 sessions.
- ❖ More than one-third of clients utilized the sliding scale fees at the PCC, paying as little as five dollars per session.
- ❖ Although the PCC does serve UNL students, 79% of PCC clients are from the larger community of southeastern Nebraska.
- ❖ Most referrals to the PCC came from word of mouth, internet searches, local agencies, and the UNL Health Center.



Speakers and Webinars hosted by the PCC and CPTP:

- “Advice for Working with Clients with Disabilities” by Taylor Roth
- “Working with Transgender and Gender non-Conforming Clients” by Natalie Holt
- “Couple-Based Intervention for Individual Psychopathy” by Dr. Becca Brock
- “Metacognitive Oriented Treatments” by Dr. Paul Lysaker
- “Stuck Points in CBT Training in Community Mental Health” by Lynn McFarr
- Internship Panel by Internship-Bound Graduate Students

PCC Response to COVID-19

In response to the COVID-19 pandemic, the PCC quickly made the move to telehealth to continue providing services while ensuring the safety of clients and therapists. The PCC has provided telehealth services in the past, and procedures were updated for the current pandemic conditions. Procedures were put in place to ensure client confidentiality and therapists were trained on all telehealth procedures. As a result of the COVID-19 pandemic, 21 student therapists saw clients via telehealth this year (in either the PCC or community placements). Of these students, 16 students utilized telehealth for the first time this year. Thanks to all therapists and supervisors for their flexibility during this time!

Clinical Psychology Training Program: **Annual Update**

PUBLICATIONS

Clinical students have published research articles in the following journals this past year:

- Aggression and Violent Behavior
- American Journal of Orthopsychiatry
- Annals of Clinical Psychiatry
- Archives of Sexual Behavior
- Biological Psychiatry
- Communication, Culture, & Critique
- Contemporary Clinical Trials
- Death Studies
- Diabetes Technology & Therapeutics
- Eating Behaviors
- Encyclopedia for Gerontology and Population Aging
- Family Process
- Frontiers in Psychology
- Hispanic Journal of Behavioral Sciences
- Journal of Correctional Health Care
- Journal of Early Adolescence
- Journal of Family Violence
- Journal of Gay and Lesbian Social Services
- Journal of Interpersonal Violence
- Journal of Latinx Psychology
- Journal of Marriage and Family
- Journal of Psychopathology and Behavioral Assessment
- Journal of Social and Personal Relationships
- Pediatric Diabetes
- Psychological Assessment
- Psychological Trauma: Theory, Research, Practice, and Policy
- Qualitative Health Research
- Sex Roles

PRESENTATIONS

Clinical students have been actively involved in presenting research. We were represented at the following conferences this year:

- Association for Behavioral and Cognitive Therapies
- American Psychology-Law Society
- American Society of Criminology Conference
- International Association of Forensic Mental Health Services
- International Society for Traumatic Stress Studies
- Association for Psychological Science
- Society for Pediatric Psychology
- American Society of Criminology
- International Consortium on Schizotypy Research
- International Neuropsychological Society
- International Congress of Qualitative Inquiry
- International Society for the Study of Women's Sexual Health
- Society of Research in Psychopathology
- National Latinx Psychological Association

Clinical students gain experience in community placements, including these educational partnerships:

- Monroe Meyer Institute
- Early Head Start/Head Start
- Counseling and Psychological Services (CAPS)
- HIV Telehealth
- Lincoln Regional Center (Whitehall, Adult Sex Offender Services, Forensic)
- Madonna Rehabilitation Hospital (Traumatic Brain Injury and the Alexis Verzal Children's Rehabilitation Hospital)
- Nebraska DHHS Behavioral Health
- Nebraska State Penitentiary
- OMNI Adolescent Therapeutic Group Home
- Project SAFE
- State Probation Specialized Substance Abuse Supervision Unit
- Uta Halee Academy
- Integrated Behavioral Health Services



Many Impacted
by the CPTP

Over the past year, students provided clinical services that touched the lives of **1,590 individuals** throughout Southeast Nebraska and beyond.

Stay connected!

CPTP Alumni: If you would like to be included on our CPTP Alumni listserv, please e-mail Jamie Longwell, jlongwell1@unl.edu. Find us online at <http://psychology.unl.edu/clinical-psychology-training-program>

Clinical Psychology Training Program: Annual Update

A 2020 Update

This past year, as usual, has given us much to celebrate. This includes completing our 2019 self-study and site visit for the APA. Accreditation of the CPTP. We are pleased to say that it went very well and our next major review will be in 2029. Congratulations and thanks to all!

This year has also presented additional challenges. Our CPTP students, staff, faculty, and supervisors are continually adapting their efforts to safely and effectively move forward in teaching, research, and service endeavors during the COVID-19 pandemic. In addition, the tragedies and protests across the nation have made clear the need for anti-racism actions. The CPTP is actively engaged in developing and implementing an Inclusive Excellence plan to strengthen our program's efforts to promote diversity and inclusion.

The CPTP continues to be strong and thrive in its 72nd year of continuous accreditation and is well positioned for continued success. Thank you to the department, college, university, and our community agency educational partners for the ongoing support and collaborations.



This word cloud was generated from the titles of articles and chapters that were published by clinical students over the last year. The larger the word, the more frequently it appeared in titles.

THIS YEAR IN PHOTOS

