

Clinical Psychology Training Program Annual Update

Congratulations

The Clinical Psychology Training Program accepted nine outstanding students into the 2019-20 incoming class.

- Elisha Chan – University of Sydney
- Hannah Coffey – West Virginia University
- Madison Edwards – University of Nebraska-Lincoln
- Emily Hamburger – Vanderbilt University
- Julia Laing – Hofstra University
- Brenna Lash – Boston University
- Eric Phillips – California State University-Sacramento
- Breanne Sandre-Martin – Augsburg University
- Anneliis Sartin-Tarm – University of Wisconsin-Madison
- Rachael Snyder – University of Michigan-Ann Arbor

100% of students applying for internship matched in 2019!

- Brittany Biles – University of Florida Health Science Center (Child/Pediatric Psychology), Gainesville, FL
- Taylor English – James A. Haley Veterans Hospital (General Internship), Tampa, FL
- Jessica Semmann – Phoenix VA Health Care System (PTSD/Mental Health), Phoenix, AZ
- Kate Theimer – Oklahoma University Health Science Center-OK City VA Consortium (Child Clinical – CCAN/CSC), Oklahoma City, OK

Congratulations to our students starting their first jobs after internship!

- Andrea Avila – Postdoctoral Fellow, Patton State Hospital, Highland, CA
- Todd Caze – Postdoctoral Fellow, Children's Health Andrews Institute for Orthopedics and Sports Medicine/University of Texas Southwestern Medical Center, Dallas, TX
- Molly Franz – Postdoctoral Fellow, Stress and Trauma, Boston University School of Medicine, Boston, MA
- Michelle Haikalis – Postdoctoral Fellow, Center for Alcohol and Addiction Studies, Brown University, Providence, RI
- Christina Hein – Postdoctoral Resident, Madigan Army Medical Center, US Army, Tacoma, WA
- Jesse Hochheiser – Postdoctoral Fellow, Posttraumatic Stress Disorder, Phoenix VA Healthcare System, Phoenix, AZ
- Elizabeth Low – Postdoctoral Fellow, Forensic Psychology, University of Massachusetts Medical School, Worcester, MA
- Elaina Montague – Postdoctoral Fellow, Zucker Hillside Hospital, Queens, NY
- Jessie Pogue – Postdoctoral Fellow, Children's Minnesota, St. Paul, MN

Good Luck to This Year's Outgoing Interns!



Departing guests of honor at the Annual Bon Voyage Party. Back row (L to R): Taylor English, Luke Theimer, Jay Biles, Jake Semmann. Front (L to R): Kate Theimer, Brittany Biles, Jessica Semmann.

Practicum Training in Forensic Specialties

The CPTP offers a number of placement opportunities for motivated students to engage in forensic opportunities. The Lincoln Regional Center (LRC) is a state residential hospital that provides unique psychiatric services to a wide array of populations. Because the CPTP currently has three separate placement options within the LRC, the site hosts the greatest number of externs per year. The Forensic Services Unit houses offenders who are deemed incompetent to stand trial or found not responsible by reason of insanity (NRRI), as well as adjudicated offenders who are civilly committed to receive treatment services indefinitely. Patients at the Forensic Services Unit may present with a wide range of psychopathology (e.g., psychosis, personality disorders, cognitive impairment). Externs placed at the Forensic Services Unit may be involved in a number of opportunities assisting in program evaluation projects, providing individual and group-based competency restoration, conducting intake evaluations, and providing a wide array of assessments to patients to inform treatment (e.g., MMPI, WAIS, SIRS, TOMM). The Adult Sex Offender Services Unit of LRC provides services to adult sex offenders with various forms of sexual deviance and psychopathology. The extern placed at this unit is responsible for facilitating group therapy, conducting sexual and violence risk assessments, and writing comprehensive patient reports. The LRC also operates services for adolescent male sex offenders at the Whitehall campus. Externs at this placement provide various treatment and assessment services to youth with have engaged in sexual offenses. Interested students who complete a forensic placement are eligible to obtain the forensic psychology minor within the program or complete the joint Master of Legal Studies (MLS) degree through the College of Law.

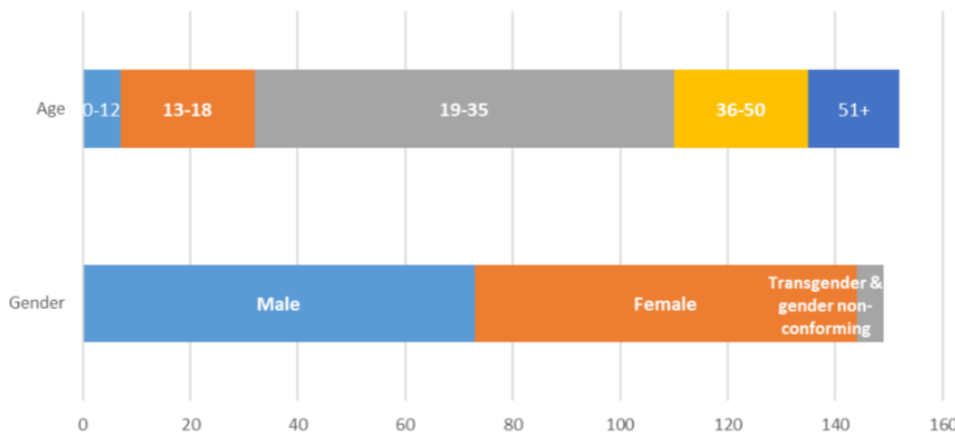


Current externs, Patrick McGonigal and Maddie Eyer, in front of the Forensic unit at LRC

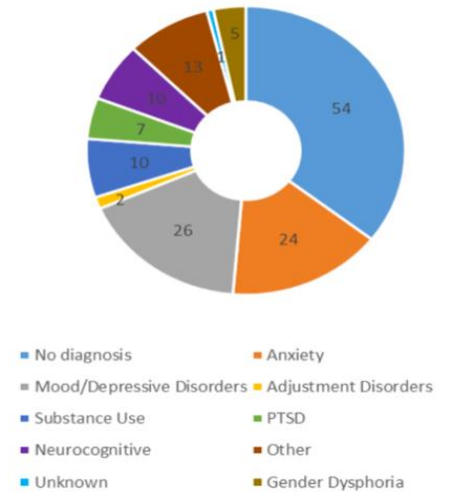
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- ❖ This year, the Psychological Consultation Center (PCC) served 152 clients who were seen for an average of 9 sessions.
- ❖ More than one-third of clients utilized the sliding scale fees at the PCC, paying as little as five dollars per session.
- ❖ Although the PCC does serve UNL students, 84% of PCC clients are from the larger community of southeastern Nebraska.
- ❖ Most referrals to the PCC came from word of mouth, internet searches, local agencies, and the UNL Health Center.

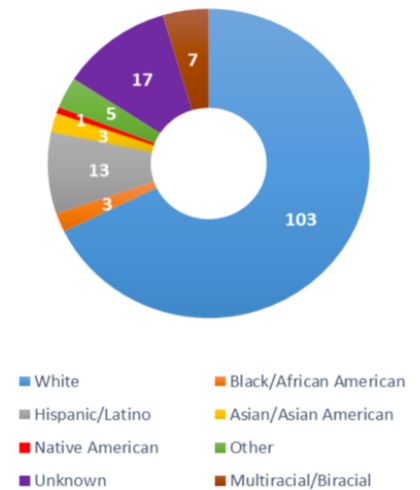
Demographics - Age and Gender Identity



Diagnosis



Race/Ethnicity



Speakers and Webinars hosted by the PCC and CPTP:

- "Considerations for Implementing Couples into Case Conceptualizations and Individual Treatment" with Dr. Becca Brock
- "Working with Clients with HIV" with Ann Fitzgerald
- "The Schizophrenia Spectrum: Science and Practice" with Dr. Will Spaulding
- "Forensic Issues and Civil Commitment" with Dr. Mario Scalora
- "Inform Your Practice: An Evidence-Based Approach for Clients with Dual Diagnosis" by Dr. Dennis McChargue
- "Introduction to Social Anxiety: Identification and Treatment Options" by Dr. Debra Hope
- "Cultural Diversity in Psychotherapy" by Dr. Trey Andrew
- Internship Panel by Internship-Bound Graduate Students

PCC Updates:

- We have started using an online assessment scoring tool through Q-Global to streamline evaluations.
- One of the therapy rooms has been set up to accommodate telehealth services within the PCC.
- A recent graduate of our program, Grant Shulman, Ph.D., defended his dissertation which examined archival data assessing case conceptualization skills of our PCC therapists.

Clinical Psychology Training Program: **Annual Update**

PUBLICATIONS

Clinical students have published research articles in the following journals this past year:

- Adolescent Research Review
- American Journal of Orthopsychiatry
- Annals of Clinical Psychiatry
- Archives of Clinical Neuropsychology
- Behavior Therapy
- Clinical Psychology: Science and Practice
- Communication, Culture, & Critique
- Experimental and Clinical Psychopharmacology
- Family Process
- International Journal of Aging Research
- Journal of Child and Adolescent Psychopharmacology
- Journal of Child and Family Psychology
- Journal of Clinical Sport Psychology
- Journal of Correctional Health Care
- Journal of Latinx Psychology
- Journal of Nervous and Mental Disease
- Journal of Onomastics
- Journal of Pediatric Psychology
- Psychological Trauma: Theory, Research, Practice, and Policy
- Qualitative Health Research
- Socius
- Studies on Anorexia, Bulimia, and Obesity
- The Behavior Therapist

Clinical students gain experience in community placements, including these educational partnerships:

- Children's Hospital - Pediatric Obesity Clinic
- Early Head Start/Head Start
- HIV Telehealth
- Lincoln Regional Center (Whitehall, Adult Sex Offender Services, Forensic)
- Madonna Rehabilitation Hospital (Traumatic Brain Injury and the Alexis Verzal Children's Rehabilitation Hospital)
- Nebraska DHHS Behavioral Health
- Nebraska State Penitentiary
- OMNI Adolescent Therapeutic Group Home
- Project SAFE
- State Probation Specialized Substance Abuse Supervision Unit
- Uta Halee Academy
- Integrated Behavioral Health Services

PRESENTATIONS

Clinical students have been actively involved in presenting research. We were represented at the following conferences this year:

- Association for Behavioral and Cognitive Therapies
- James A. Rawley Conference in Humanities
- American Psychology-Law Society
- International Association of Forensic Mental Health Services
- Anxiety and Depression Association of America
- Association for Women in Psychology
- UNL Minority Health Disparities Initiative
- Philadelphia Trans Wellness Conference
- World Professional Association for Transgender Health Symposium
- American Academy of Clinical Neuropsychology
- Research Society on Alcoholism
- International Society for Traumatic Stress Studies
- Society for Pediatric Psychology
- American Society of Criminology
- American Psychological Association
- Collaborative Perspective on Addiction
- Rocky Mountain Psychological Association
- International Consortium on Schizotypy Research
- International Neuropsychological Society
- Society for the Teaching of Psychology
- International Association for Relationship Research
- Sports Neuropsychology Society
- Big Ten/CIC-Ivy League Traumatic Brain Injury Research Collaboration
- Society of Research in Psychopathology
- Society for Research in Child Development



Many Impacted
by the CPTP

Over the past year, students provided clinical services that touched the lives of **1,972 individuals** throughout Southeast Nebraska and beyond.

Stay connected!

CPTP Alumni: If you would like to be included on our CPTP Alumni listserv, please e-mail Jamie Longwell, jlongwell1@unl.edu. Find us online at <http://psychology.unl.edu/clinical-psychology-training-program>

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This word cloud was generated from the titles of articles and chapters that were published by clinical students over the last year. The larger the word, the more frequently it appeared in titles.

THIS YEAR IN PHOTOS

